

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/04/23

PATIENT: BLACKWELL, ROBIN **DOB:** 02/03/1982 **Gender:** FEMALE **MRN:** 5135 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers screening

Symptoms: nonfasting. Wants to discuss weight loss medications. She has tried changing her diet with little results. Her BP is elevated today. She states her diastolic is typically in the 90s but her systolic is not usually that high.

VITALS: BP: 153/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 98.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 159.1 lbs.;
BMI: 27.3; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Diflucan 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; MAY REPEAT DOSE IN 72 HRS IF NEEDED.)

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY prn pain)

Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)

amoxicillin 875 mg-potassium clavulanate 125 mg tablet (TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: HELLP syndrome w/ pregnancy. Heart murmur.

PAST SURGICAL HISTORY: 3 c-sections. D&C in 2011.

SOCIAL HISTORY: Married. Has 3 children. Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Maternal grandmother- breast cancer. Maternal grandfather- heart disease.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

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ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
Z13.1 - ENCOUNTER FOR SCREENING FOR DIABETES MELLITUS
Z13.220 - ENCOUNTER FOR SCREENING FOR LIPOID DISORDERS
Z79.899 - OTHER LONG TERM (CURRENT) DRUG THERAPY
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension
E66.3 - Overweight
R53.83 - Other fatigue.
R23.2 - Flushing.

PLAN:

Follow up with labs. Follow up in 1 month for weight loss recheck and BP recheck.

Wegovy 0.25 mg/0.5 mL subcutaneous pen injector

Refills: 0 Qty: 4 UNIT(S)

Instructions: INJECT 0.25 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY ON THE SAME DAY OF EACH WEEK

Electronically signed by Lindsey Barton, CRNP on 04/04/23 10:01 AM



J. Barton, CRNP