

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/15/19

PATIENT: BAUGH, MICHAEL **DOB:** 06/08/1986 **Gender:** **MRN:** 513 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nasal congestion

Symptoms: Patient reports nasal congestion, sore throat, facial pain x 4-5 days. Denies fever.
ModFact: Improved with Medication Dayquil

VITALS: BP: 136/93 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 99.1; **Resp:** 14

ALLERGIES: amoxicillin ((Rash) or (C/O a rash)); minocycline ((Allergic diarrhea) or (gastroenteritis and colitis) or (cow's milk allergy))

MEDICATIONS:

ProAir HFA 90 mcg/actuation aerosol inhaler (2 puffs inhaled every 4-6 hours as needed)
amitriptyline 10 mg tablet (1 tablet by mouth daily---does not take as prescribed)
indomethacin 25 mg capsule (1 tablet by mouth every other day)
propranolol 20 mg tablet (1 tablet by mouth daily prn)
ranitidine 150 mg tablet (1 tablet by mouth daily prn)

PAST MEDICAL HISTORY: Asthma; allergic rhinitis Hay Fever/Allergies, IBS, depression, chronic sinusitis, ulcers, GERD

PAST SURGICAL HISTORY: No prior surgical history;

SOCIAL HISTORY: Lives alone; Single; Does not use recreational drugs; Does not use alcohol; Does not use tobacco; Does not exercise regularly;

FAMILY HISTORY: Father with history of: Stroke, HTN, MI; Mother with history of: breast ca

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Nausea, Chills,

ENMT: Patient is positive for: runny nose, congestion, sinus pain, sore throat, Patient denies: Tinnitus, Hoarseness,

RESPIRATORY: Patient is positive for: Wheeze, Cough, SOB,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: TM's intact and reflect NCL; External Auditory Canal clear; Hearing Normal; Pinna Normal;

NOSE: Septum without Deviation; No Septal Perforation; Purulent rhinorrhea; Turbinate Hypertrophy on Left; Turbinate Hypertrophy on Right; Bilateral Maxillary Sinus Tenderness; Left Frontal Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Wheeze on right, clear on the left No Dullness to Percussion;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J45.901 - UNSPECIFIED ASTHMA WITH (ACUTE) EXACERBATION (PRIMARY)
J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

azithromycin 250 mg tablet
Refills: 0 Qty: 1 PACKAGE
Instructions: Take as directed

prednisone 5 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKAGE
Instructions: Take as directed

guaifenesin ER 600 mg tablet, extended release 12 hr
Refills: 0 Qty: 10 TABLET(S)
Instructions: TAKE 1 TABLET (600 MG) BY ORAL ROUTE EVERY 12 HOURS AS NEEDED

AUM Instruction Sheet Handout

Use ProAir inhaler as needed for wheezing or excessive coughing.

Follow up PRN or if condition worsens or does not resolve

Electronically signed by Melodye Harvey, CRNP on 11/15/19 3:53 PM