

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/26/22

PATIENT: MCGUIRE, HEATHER **DOB:** 03/26/1992 **Gender:** FEMALE **MRN:** 5153 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: STI screening; Lower back pain that has been present for about 2 days.

HISTORY OF PRESENT ILLNESS: c/o lower back pain for the past 2 days. Denies injury or heavy lifting. She started school this semester and has been carrying a book bag and not sure if that along with going up and down stairs so much recently has caused her pain. Denies radiation of pain down legs. No numbness or tingling. Pain relieved with tylenol.

She also requests STI testing. Denies symptoms presently.

VITALS: BP: 128/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 97.1; **Resp:** 16; **Ht:** 66 in.; **Wt:** 244.5 lbs.;
BMI: 39.46; **FDLMP:** 01/18/22

ALLERGIES: Cipro; Zofran

MEDICATIONS:

hydrochlorothiazide 12.5 mg capsule (daily)

PAST MEDICAL HISTORY: Hidradenitis, HTN

PAST SURGICAL HISTORY: Bilateral tubal ligation

SOCIAL HISTORY: Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. No vertebral point tenderness. FROM spine. Brisk patellar reflexes. Negative SLR bilaterally.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/26/22

PATIENT: MCGUIRE, HEATHER **DOB:** 03/26/1992 **Gender:** FEMALE **MRN:** 5153 **AGE:** 29 Years

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.020
Blood: Negative
pH: 5
Protein: Positive
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
Comments: Pro: trace; leuk: trace

ASSESSMENT:

M54.50 - LOW BACK PAIN, UNSPECIFIED (PRIMARY)
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Recommended warm compresses, ibuprofen, back exercises/stretching and no heavy lifting x 2 weeks. Follow up if no improvement. Follow up with STI screening.

Electronically signed by Lindsey Barton, CRNP on 01/30/22 9:27 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.