

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/18/22

PATIENT: SEVERANCE, TARA **DOB:** 02/06/1971 **Gender:** FEMALE **MRN:** 5162 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: c/o HA, feeling feverish, and feeling tired or "blah"

s/s started this AM

Symptoms: no documented fever, denies sore throat, N/V/D, loss of taste or smell, body aches

VITALS: BP: 146/84 **Pulse:** 82; **Temp:** 97; **Resp:** 18; **Ht:** 66 in.; **Wt:** 250 lbs.; **BMI:** 40.35; **Pulse Oximetry:** 98%

ALLERGIES: shellfish derived

PAST MEDICAL HISTORY: obesity, HLD, HTN, Depression

SOCIAL HISTORY: Denies, lives off campus

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

R51.9 - HEADACHE, UNSPECIFIED (PRIMARY)

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

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J00 - Acute nasopharyngitis [common cold]

PLAN:

Pt here due to feeling feverish, reports of hot flashes this morning. She also has had a HA and feeling tired. No documented fever. She denies known exposure recently, but she did attend a conference over the weekend. She does have COVID vaccine and booster. She is flu vaccinated. Flu and COVID negative. Asked her to monitor her s/s for fever or worsening s/s. Will retest if fever develops. OTC meds for treatment for s/s relief. Allegra and Flonase recommended. She agrees.

Electronically signed by Maranda Fain, CRNP on 01/18/22 4:01 PM

M. Fain, CRNP