

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/06/26

PATIENT: SEVERANCE, TARA **DOB:** 02/06/1971 **Gender:** FEMALE **MRN:** 5162 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bilateral ear pain with left ear worse than right for the past couple days.

HISTORY OF PRESENT ILLNESS: 55 YO F c/o bilateral ear pain/fullness, worse on the left. Pt states she often falls asleep with her ear buds on. Pt is planning to fly tomorrow for trip.

VITALS: BP: 125/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 98.5; **Resp:** 16; **Ht:** 66 in.; **Wt:** 208.3 lbs.;
BMI: 33.62; **Pulse Oximetry:** 97%

ALLERGIES: shellfish derived

MEDICATIONS:

Mounjaro 15 mg/0.5 mL subcutaneous pen injector (INJECT 15MG UNDER THE SKIN ONCE A WEEK)
estradiol 0.01% (0.1 mg/gram) vaginal cream
irbesartan 150 mg tablet (TAKE 1 TABLET BY MOUTH DAILY)
rosuvastatin 40 mg tablet (TAKE 1 TABLET BY MOUTH AT BEDTIME)
vilazodone 10 mg tablet (TAKE 1 TABLET BY MOUTH DAILY)

PAST MEDICAL HISTORY: obesity, HLD, HTN, Depression

SOCIAL HISTORY: Denies, lives off campus

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. scaling rash noted to external left ear. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

R09.81 - Nasal congestion (PRIMARY)
L25.9 - Unspecified contact dermatitis, unspecified cause

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PLAN:

Pt given info on OTC flonase and zyrtec to use, recommend benadryl at bedtime, hydrocortisone to external ear.

Electronically signed by Breena Till, CRNP on 03/06/26 3:35 PM

A handwritten signature in cursive script, appearing to read "B. Till", is written in dark ink.