

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/27/22

PATIENT: ESSEX, LEANDREW **DOB:** 03/07/2002 **Gender:** FEMALE **MRN:** 5180 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: BP follow up

HISTORY OF PRESENT ILLNESS: Mr. Essex is a 20 yo male here today for BP follow up. He has been taking his amlodipine for the past 2 weeks once a day in the morning. He does not check his BP at home. He states he has not taken his med this morning yet. His BP today is in the 150s. He denies any adverse symptoms related to the medication.

He is also here for repeat CMP for abnormal LFTs that are trending down.

VITALS: BP: 150/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 96.2; **Resp:** 16; **Ht:** 72 in.; **Wt:** 298 lbs.;
BMI: 40.41; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: HTN

PAST SURGICAL HISTORY: Bil. hip surgery as teenager.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN; Father- HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

I10 - Essential (primary) hypertension (PRIMARY)

R74.8 - ABNORMAL LEVELS OF OTHER SERUM ENZYMES

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PLAN:

Increase amlodipine to 10mg once daily. He was instructed to take 2 (5mg) tabs of his current prescription to finish the bottle then start the new prescription. Follow up with labs. Return for nurse visit next week and the following week for BP checks, then follow up in 1 month for office visit.

amlodipine 10 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY for high blood pressure

Electronically signed by Lindsey Barton, CRNP on 09/27/22 10:15 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.