

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/02/22

PATIENT: ESSEX, LEANDREW **DOB:** 03/07/2002 **Gender:** MALE **MRN:** 5180 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: BP follow up

HISTORY OF PRESENT ILLNESS: Mr. Essex is a 20 yo male here today for BP follow up. His BP at his last office visit was 128/86. Today is 142/99. He reports compliance with his BP medication of norvasc. He denies any other issues or complaints today.

VITALS: BP: 142/99 Site: LEFT ARM Position: SITTING Pulse: 106; Temp: 98.4; Resp: 16; Ht: 72 in.; Wt: 292.9 lbs.; BMI: 39.72; Pulse Oximetry: 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amlodipine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY for high blood pressure)

PAST MEDICAL HISTORY: HTN

PAST SURGICAL HISTORY: Bil. hip surgery as teenager.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN; Father- HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)

PLAN:

Continue norvasc. Add HCTZ. Follow up in 2 weeks for nurse visit to recheck BP. Follow up in 1 month for OV recheck. He verbalized understanding.

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Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY FOR HIGH BLOOD PRESSURE

hydrochlorothiazide 12.5 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (12.5 MG) BY ORAL ROUTE ONCE DAILY for HTN.

Electronically signed by Lindsey Barton, CRNP on 12/02/22 1:46 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.