

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/28/23

PATIENT: STERLING, SCOTT **DOB:** 02/13/1997 **Gender:** MALE **MRN:** 5189 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, nasal congestion, fatigue, headache, body aches, and vomiting x10 episodes (yesterday only). Symptoms started yesterday.
Symptoms: He reports he was seen last week for similar symptoms at an urgent care in Millbrook. He states he was negative for COVID and flu then. He was prescribed a medication for nausea. His symptoms resolved but then returned over the weekend.

VITALS: BP: 126/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 97.9; **Resp:** 17; **Ht:** 65 in.; **Wt:** 136.1 lbs.;
BMI: 22.64; **Pulse Oximetry:** 98%

ALLERGIES: Minocycline (substance)

MEDICATIONS:
No Known Medications

PAST MEDICAL HISTORY: tachycardia

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Employee. Smokes cigarettes daily, drinks alcohol weekly. Denies illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:
CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:
GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:
INFLUENZA (1 unit(s)): In-House Lab

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STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID-19 PCR Swab (Use this code) (1 unit(s)): Other External
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R11.10 - VOMITING, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Given steroid shot in office for symptomatic relief. He c/o postnasal gtt and sore throat and his ears feel clogged.
Follow up with nasal swab send out. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 08/28/23 11:08 AM



J. Barton, CRNP

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