

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/11/24

PATIENT: STERLING, SCOTT **DOB:** 02/13/1997 **Gender:** MALE **MRN:** 5189 **AGE:** 27 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: shortness of breath, cough

HISTORY OF PRESENT ILLNESS: Mr. Sterling is a 27 yo male here today for cough, shortness of breath, nasal congestion, body aches, and possible fever for the past 2 weeks. He states he also had diarrhea several times almost every day, but none today. Yesterday, he vomited multiple times due to coughing.

Of note, he states he went to urgent care when this initially started and reported he tested negative for everything and was given a prescription for ibuprofen and robaxin.

VITALS: BP: 123/84 **Pulse:** 78; **Temp:** 96.6; **Resp:** 18; **Ht:** 65.5 in.; **Wt:** 130.9 lbs.; **BMI:** 21.45; **Pulse Oximetry:** 98%

ALLERGIES: Minocycline (substance)

MEDICATIONS:

ibuprofen 800 mg tablet

methocarbamol 750 mg tablet (TAKE 1 TABLET (750 MG) BY ORAL ROUTE 3 TIMES PER DAY as needed for back spasms)

PAST MEDICAL HISTORY: tachycardia

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Employee. Smokes cigarettes daily, drinks alcohol weekly. Denies illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
UA (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Negative
pH: 8
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: No

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

Comment: Influenza A and B negative.

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J20.9 - Acute bronchitis, unspecified (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R06.02 - SHORTNESS OF BREATH
R50.9 - FEVER, UNSPECIFIED
R19.7 - DIARRHEA, UNSPECIFIED
Z72.0 - TOBACCO USE

PLAN:

Referral for CXR to r/o pneumonia and other causes of his symptoms. CXR is negative. Follow up with lab results. In the meantime, Rx as per below. Follow up as needed or if no improvement in symptoms.

Referral: EMIC, East Montgomery Imaging Center (Radiology)

No Special Instructions

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Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

azithromycin 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough and congestion

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler

Refills: 0 Qty: 1 UNIT(S)

Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for shortness of breath/wheezing (disp 1 inhaler).

Electronically signed by Lindsey Barton, CRNP on 10/11/24 1:46 PM

L. Barton, DNP, CRNP