

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/14/18

PATIENT: SEO, SEHO **DOB:** 12/02/1992 **Gender:** MALE **MRN:** 518 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Feels sick

Symptoms: Feeling dizzy, cold, and stomach feeling uncomfortable. Drinking water without problems. Possible fever.
Reports stomach feeling queasy after eating lunch

Duration: Since lunch time.

Context: Patient reports weight training this morning x 45 minutes. He had a salad and water afterwards.

ModFact: Ate fried rice with chicken and port from friend's mother. Reports that him and his friend ate the same food but friend feels fine.

Other: No problems with breakfast but felt sick after lunch. Drinking water without problems. Denies vomiting or diarrhea.

VITALS: BP: 112/77 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 97; **Temp:** 99.4; **Resp:** 14; **Ht:** 69 in.; **Wt:** 171.9 lbs.; **BMI:** 25.38

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Chills, Patient is positive for: Nausea, Dizziness,

GASTROINTESTINAL: Patient is positive for: stomach uncomfortable, nausea

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen Soft and Nondistended; Mild epigastric and suprapubic tenderness noted No Rebound, Rigidity or Guarding; Bowel Sounds Symmetric x4;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

R11.0 - NAUSEA (PRIMARY)

R42 - DIZZINESS AND GIDDINESS

PLAN:

Increase fluid intake--especially after exercise.

Bland diet + clear liquids. Increase carb/electrolyte replacement fluids--especially after weight training.

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RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 05/14/18 4:25 PM