

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/26/22

PATIENT: WASHINGTON, BRALEN **DOB:** 04/14/2001 **Gender:** MALE **MRN:** 5207 **AGE:** 21 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: weight loss for past 2 months- starting weight was around 215 this summer.

HISTORY OF PRESENT ILLNESS: Mr. Washington is a 21 yo male. He is a student at Faulkner. He was recommended here by Mike Ellis, his athletic PT. He c/o unintentional weight loss over the past 2 months. He reports sometime over the summer weighing around 215 lbs and now he is down to 168 lbs. He states he has no appetite and can only eat small meals/snacks. When he attempts larger meals he feels sick to his stomach. He has intermittent LLQ pain, but none today. Denies fever, diarrhea, nausea, vomiting, constipation, urinary symptoms, or blood in stool. He reports regular bowel movements every day. He is sexually active with 4 partners in the past 3 months and uses condoms inconsistently. He denies penile discharge. Denies any sores that will not heal. He reports no past medical history.

VITALS: BP: 130/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98.5; **Resp:** 15; **Ht:** 73 in.; **Wt:** 168.7 lbs.;
BMI: 22.25; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, Father- Healthy.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
VDRL (1 unit(s)): In-House Lab
HIV (1 unit(s)): In-House Lab
UA (1 unit(s)): In-House Lab
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:
Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Negative
pH: 8
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: No

ASSESSMENT:

R63.4 - ABNORMAL WEIGHT LOSS (PRIMARY)
R10.32 - LEFT LOWER QUADRANT PAIN
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Follow up with labs and CT abd/pelvis. Additional plan pending results.

Referral: EMIC, East Montgomery Imaging Center (Radiology)

Instructions: CT abd/pelvis w/ contrast.

Electronically signed by Lindsey Barton, CRNP on 10/26/22 2:14 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".