

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/13/18

PATIENT: CALDWELL, ROBYN **DOB:** 08/11/1967 **Gender:** FEMALE **MRN:** 520 **AGE:** 51 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Cough, loss of voice, fever. Has history of asthma and is using her albuterol. Has body aches. Feels extremely bad. Daughter recently had the flu.

VITALS: BP: 134/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 103; **Temp:** 99.6

ALLERGIES: Bactrim

MEDICATIONS:

Asmanex HFA 100 mcg/actuation aerosol inhaler
fluticasone 100 mcg-vilanterol 25 mcg/dose powder for inhalation
levothyroxine 125 mcg capsule

PAST MEDICAL HISTORY: Hypothyroidism, Asthma

PAST SURGICAL HISTORY: Hysterectomy, cholecystectomy

FAMILY HISTORY: Mother with history of: hypothyroidism, anemia, breast Ca--deceased; Sister with history of: hypothyroidism; Father with history of: high cholesterol, HTN; Maternal Grandmother with history of: heart disease

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, Fatigue, Malaise,

ENMT: Patient is positive for: cough, runny nose, congestion, Hoarseness,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age; Appears ill

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Both TMs Serous Fluid; L>R; TMs intact; Pinna Normal;

NOSE: Septum without Deviation; Clear rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: RLL Rales; All other lung fields clear No intercostals retractions;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Positive

Comment: Type A

ASSESSMENT:

J10.1 - FLU D/T OTH IDENT FLU VIRUS W OTH RESP MANIFEST (PRIMARY)

H65.01 - ACUTE SEROUS OTITIS MEDIA, RIGHT EAR

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

R50.9 - FEVER, UNSPECIFIED

PLAN:

oseltamivir 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE 2 TIMES PER DAY

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Continue with albuterol inhaler as needed.

Fever management

Rest, increase fluids orally.

RTC pm

Electronically signed by Melodye Harvey, CRNP on 12/13/18 11:19 AM