

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/02/22

PATIENT: KODA, ALEX **DOB:** 07/10/1997 **Gender:** **MRN:** 5212 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Flu like symptoms

HISTORY OF PRESENT ILLNESS: Ms. Koda presents to the clinic with complaints of sinus congestion, body aches, cough, sore throat, headache since last night. She has had recent flu exposure.

VITALS: BP: 120/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 98.7; **Resp:** 16; **Ht:** 63 in.; **Wt:** 133.6 lbs.;
BMI: 23.66; **Pulse Oximetry:** 100%; **FDLMP:** 10/19/22

ALLERGIES: Penicillins

MEDICATIONS:

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Sinus surgery 2019

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Positive

Comment: Flu A

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations (PRIMARY)

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R51.9 - Headache, unspecified

R05.9 - Cough, unspecified

PLAN:

Take RX as directed. Discussed quarantine and isolation guidelines. Follow up as needed.

Tamiflu 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE TWICE PER DAY FOR 5 DAYS

Electronically signed by Robin Blackwell, CRNP on 11/02/22 3:09 PM

Robin Blackwell CNP