

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/08/22

PATIENT: DEY, SWATI **DOB:** 11/26/1986 **Gender:** FEMALE **MRN:** S00385290 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Toenail pain

HISTORY OF PRESENT ILLNESS: Ms. Dey presents to the clinic with complaint of toenail pain x 2 days. She states she recently bumped her second toe on her left foot on some furniture and is now tender to touch. She rates the pain 4 out of 10 with touch only. She states this particular toe has been causing her problems for over four years. She has been treated in the past by a prior PCP for toe nail fungus with no improvement. She has also tried OTC fungal medications with no benefit.

VITALS: BP: 124/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 94; **Temp:** 97.1; **Resp:** 16; **Ht:** 62 in.; **Wt:** 161.9 lbs.;
BMI: 29.61; **Pulse Oximetry:** 99%; **FDLMP:** 10/30/22

ALLERGIES: gluten

MEDICATIONS:

levothyroxine 50 mcg capsule

PAST MEDICAL HISTORY: Anemia, with iron infusions, latent TB, H pylori, hypothyroidism

PAST SURGICAL HISTORY: colonoscopy and endoscopy

SOCIAL HISTORY: Denies tobacco and drug abuse. Occasional, social ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Second digits on left foot has severe thickening and raised with white discoloration noted. Tender to touch.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

B35.1 - TINEA UNGUIUM (PRIMARY)

PLAN:

I feel based on examination and how chronic this condition is, it will be in the patients best interest to be referred to a

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Podiatrist for further evaluation and treatment.

Referral: Christie, Dr. Heidi (Podiatry)

Electronically signed by Robin Blackwell, CRNP on 11/08/22 10:39 AM

Robin Blackwell CNP