

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/06/21

PATIENT: DEY, SWATI **DOB:** 11/26/1986 **Gender:** FEMALE **MRN:** S00385290 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: pain to right breast

HISTORY OF PRESENT ILLNESS: Pt c/o pain for 1 week to right breast and now her left. The pain is felt over a small mass on the right breast. The left breast feels "painful" all over. She has noticeable lumps to her bilateral armpits that she reports are chronic. She finished her period about a week ago. Admits to increase caffeine use.

VITALS: BP: 110/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 97.9; **Resp:** 16; **Ht:** 62 in.; **Wt:** 161.7 lbs.;
BMI: 29.57; **Pulse Oximetry:** 99%; **FDLMP:** 11/29/21

ALLERGIES: gluten

MEDICATIONS:

levothyroxine 50 mcg capsule

PAST MEDICAL HISTORY: Anemia, with iron infusions, latent TB, H pylori

PAST SURGICAL HISTORY: colonoscopy and endoscopy

SOCIAL HISTORY: Denies tobacco and drug abuse. Occasional, social ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOML.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

BREAST: Breasts; mass to right breast with mild nipple retraction, bilateral swelling to armpits. no redness or discharge, noted pain with palpation of bilateral breasts.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

N63.14 - UNSPECIFIED LUMP IN THE RIGHT BREAST, LOWER INNER QUADRANT (PRIMARY)
N64.4 - MASTODYNIA

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PLAN:

Pt is here with breast pain, lump to bilateral armpits, and new lump to right breast. Pain at site of lump. No family hx of breast cancer. Increased caffeine intake of late. Will rule out cancer and other causes of the lump with US and Mammogram. Pt agrees. Asked to limit caffeine intake. She agrees.

Referral: Strickland, Dr. Pamela (Breast Health)

Instructions: mammogram and US

Electronically signed by Maranda Fain, CRNP on 12/06/21 1:27 PM

Handwritten signature of M. Fain, CRNP in cursive script.