

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/30/22

PATIENT: DANIEL, SHALANDRA **DOB:** 06/29/1988 **Gender:** FEMALE **MRN:** 5239 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, cough, diarrhea (6 episodes yesterday- none today), headache, body aches, and a fever on Sunday and Monday (101.3). Symptoms started on Saturday evening.

VITALS: BP: 116/68 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 97; **Temp:** 98.8; **Resp:** 16; **Ht:** 62 in.; **Wt:** 147.6 lbs.; **BMI:** 26.99; **Pulse Oximetry:** 99%

MEDICATIONS:

NuvaRing 0.12 mg-0.015 mg/24 hr vaginal

PAST MEDICAL HISTORY: preeclampsia

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

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RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

Depo-Medrol 40mg/ml:

Site Given: Left Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:

Site Given: Left Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R51.9 - HEADACHE, UNSPECIFIED

R05.9 - COUGH, UNSPECIFIED

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Given steroid shot to help with congestion and post nasal gtt. Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 12/02/22 4:15 PM



J. Barton, CRNP