

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/05/22

PATIENT: DANIEL, SHALANDRA **DOB:** 06/29/1988 **Gender:** FEMALE **MRN:** 5239 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers

VITALS: BP: 118/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 98.3; **Resp:** 16; **Ht:** 62 in.; **Wt:** 147.8 lbs.; **BMI:** 27.03; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

NuvaRing 0.12 mg-0.015 mg/24 hr vaginal

PAST MEDICAL HISTORY: preeclampsia

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Has 3 children. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

GLUCOSE (1 unit(s)): Quest Diagnostics

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/05/22

PATIENT: DANIEL, SHALANDRA **DOB:** 06/29/1988 **Gender:** FEMALE **MRN:** 5239 **AGE:** 34 Years

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY).

PLAN:

Follow up with lab results and submit form to HT.

Electronically signed by Lindsey Barton, CRNP on 12/05/22 10:43 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.