

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/30/22

PATIENT: KURSUN, KEYSER **DOB:** 04/23/2009 **Gender:** FEMALE **MRN:** 5243 **AGE:** 13 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: acne and daily headaches

HISTORY OF PRESENT ILLNESS: Ms. Kursun is a 13 yo female accompanied by her father. She has acne. She has an appt with dermatology in January, however her acne seems to be getting worse. She has tried otc facial wash with no relief.

She also c/o intermittent headaches. She sees a pediatrician and has been told for the past 1-2 years that her BP has been elevated while in their office. They have been monitoring it. Today her BP is as above. Recheck was 135/86 after she had sat in the room for 10 min between readings. Her father states he has tried to get her to exercise for weight loss, but she doesn't want to discuss this.

VITALS: BP: 145/84 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 112 **BP2:** 135/86 **Site2:** LEFT ARM **Position2:** SITTING **Pulse2:** 98; **Temp:** 97.5; **Resp:** 16; **Ht:** 67 in.; **Wt:** 199.6 lbs.; **BMI:** 31.26; **Pulse Oximetry:** 99%; **FDLMP:** 12/26/22

GROWTH PERCENTILES:

Weight/Age: >97

Height/Age: 95

Weight/Height: N/A

BMI/Age: >97

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Clindagel 1 % topical gel, once daily (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: Elevated BP past 2 years (monitored by Pediatrician).

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Lives with mother and father. Attends school. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. cystic acne to bilateral cheeks and forehead.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L70.0 - Acne vulgaris (PRIMARY)

I10 - Essential (primary) hypertension

PLAN:

Given BP log. Recommended she check her BP twice daily at home for the next week and follow up with her pediatrician. Rx for clindagel for acne. Follow up with dermatologist as scheduled in January. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 12/02/22 4:44 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.