

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/24/25

PATIENT: GREEN, LATARCHIA **DOB:** 08/21/1975 **Gender:** FEMALE **MRN:** 5245 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up for HTN and diabetes.

HISTORY OF PRESENT ILLNESS: Ms. Green is a 49 yo female here today for diabetes and HTN follow up. She reports compliance with her metformin and losartan/HCTZ. She recently changed insurance companies and was told by her insurance that she would need to find another provider that is within network. Because of this, she has not been able to get her mammogram that was ordered.

VITALS: BP: 144/76 **Pulse:** 92; **Temp:** 97.5; **Resp:** 17; **Wt:** 258.5 lbs.; **Pulse Oximetry:** 97%

ALLERGIES: adhesive tape

MEDICATIONS:

losartan 50 mg-hydrochlorothiazide 12.5 mg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY)
metformin ER 500 mg 24 hr tablet, extended release (gastric retention) (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)
multivitamin tablet

PAST MEDICAL HISTORY: Endometriosis, uterine fibroids, anemia, T2diabetes, HTN.

PAST SURGICAL HISTORY: partial hysterectomy (still has ovaries) 2014. Left breast biopsy (benign) 2020. Lipoma right axilla removed in 1994. C-section 1996. Left femur surgery in 2011.

SOCIAL HISTORY: Works in the cafe on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN.

HEALTH MX HISTORY:

GYN- Dr. Waller

Mammogram- Feb. 2023

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

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ASSESSMENT:

E11.9 - Type 2 diabetes mellitus without complications (PRIMARY).

I10 - Essential (primary) hypertension.

PLAN:

Follow up with lab results. Continue current meds for now. She was given a 3-month supply of medication to give her enough time to find an in-network PCP. She verbalized understanding.

losartan 50 mg-hydrochlorothiazide 12.5 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY

metformin ER 500 mg 24 hr tablet,extended release (gastric retention)

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL

Electronically signed by Lindsey Barton, CRNP on 02/26/25 2:24 PM

L. Barton, DNP, CRNP