

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/13/23

PATIENT: GREEN, LATARCHIA **DOB:** 08/21/1975 **Gender:** FEMALE **MRN:** 5245 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 4 month follow up

HISTORY OF PRESENT ILLNESS: Ms. Green is a 47 yo female here today for 4 month follow up. She has been taking the metformin as prescribed. She states she is not sure how her A1C is going to look because she recently has been under a lot of stress with the death of her mom. She reports compliance with the norvasc for her blood pressure.

VITALS: BP: 118/67 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 97.9; **Resp:** 17; **Ht:** 60 in.; **Wt:** 248.8 lbs.;
BMI: 48.58; **Pulse Oximetry:** 100%

ALLERGIES: adhesive tape

MEDICATIONS:

Norvasc 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY FOR HTN)
metformin ER 500 mg 24 hr tablet, extended release (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)
multivitamin tablet

PAST MEDICAL HISTORY: Endometriosis, uterine fibroids, anemia, prediabetes, HTN.

PAST SURGICAL HISTORY: partial hysterectomy (still has ovaries) 2014. Left breast biopsy (benign) 2020. Lipoma right axilla removed in 1994. C-section 1996. Left femur surgery in 2011.

SOCIAL HISTORY: Works in the cafe on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN.

HEALTH MX HISTORY:

Former PCP was Dr. Chamnong until her insurance changed. Now she does not have a PCP.

GYN- Dr. Waller.

Mammogram- 2020. Referral given 11/2022.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

BASIC METABOLIC PANEL (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R73.03 - PREDIABETES (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
D75.839 - THROMBOCYTOSIS, UNSPECIFIED

PLAN:

Continue meds as prescribed. Follow up with lab results. Follow up appt in 3-6 months pending lab results.

Norvasc 5 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY FOR HTN

Electronically signed by Lindsey Barton, CRNP on 04/13/23 11:31 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.