

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/17/23

PATIENT: GREEN, LATARCHIA **DOB:** 08/21/1975 **Gender:** FEMALE **MRN:** 5245 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Bilateral feet pain

HISTORY OF PRESENT ILLNESS: Mrs. Green is a 48 yo female here today for bilateral foot pain. She c/o pain to her right foot over the 4th metatarsal for the past few days. She stated it started with a sharp pain and now it hurts to walk. Denies history of gout or recent injury. She is wearing Brooks shoes that she bought a month ago.

She also c/o left foot pain to the outside of her small toe that has been ongoing for awhile now.

VITALS: BP: 132/76 **Position:** SITTING **Pulse:** 76; **Temp:** 97; **Resp:** 16; **Ht:** 60 in.; **Wt:** 252.4 lbs.; **BMI:** 49.29; **Pulse Oximetry:** 99%

ALLERGIES: adhesive tape

MEDICATIONS:

Norvasc 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY FOR HTN)
metformin ER 500 mg 24 hr tablet, extended release (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)
multivitamin tablet

PAST MEDICAL HISTORY: Endometriosis, uterine fibroids, anemia, prediabetes, HTN.

PAST SURGICAL HISTORY: partial hysterectomy (still has ovaries) 2014. Left breast biopsy (benign) 2020. Lipoma right axilla removed in 1994. C-section 1996. Left femur surgery in 2011.

SOCIAL HISTORY: Works in the cafe on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN.

HEALTH MX HISTORY:

Former PCP was Dr. Chamnong until her insurance changed. Now she does not have a PCP.

GYN- Dr. Waller.

Mammogram- 2020. Referral given 11/2022.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. + TTP over right 4th metatarsal. + hard subcutaneous nodule w/ TTP to left lateral foot at the base of the left small toe. She also has a hard, skin colored, round nodule to the left lateral small toe.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Toradol 60 MG (1 unit(s)): Injection
URIC ACID (1 unit(s)): Quest Diagnostics

ASSESSMENT:

M79.671 - PAIN IN RIGHT FOOT (PRIMARY)
M21.612 - Bunion of left foot
L84 - Corns and callosities

PLAN:

R/o gout. Follow up with labs. Given steroid and toradol shot for right foot pain. She has a corn to left lateral foot on her small toe. Recommended otc corn removal treatment. Referral to podiatrist for possible bunion. Follow up as needed.

Referral: Podiatry , Montgomery Foot Care Specialists (Podiatry)
No Special Instructions

Naprosyn 500 mg tablet
Refills: 1 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD as needed for pain.

Electronically signed by Lindsey Barton, CRNP on 10/17/23 2:12 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.