

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/22

PATIENT: GREEN, LATARCHIA **DOB:** 08/21/1975 **Gender:** FEMALE **MRN:** 5245 **AGE:** 47 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: scratchy throat, cough

HISTORY OF PRESENT ILLNESS: Ms. Green is a 47 yo female here today for scratchy throat, cough with clear mucus, and chills since yesterday. She reports on one occasion yesterday that she was driving and had to pull over due to nausea and dry heaves, but reports none of those symptoms since then.

VITALS: BP: 170/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73 **BP2:** 168/82; **Temp:** 97.8; **Resp:** 18; **Ht:** 60 in.;
Wt: 253.9 lbs.; **BMI:** 49.58; **Pulse Oximetry:** 98%

ALLERGIES: adhesive tape

MEDICATIONS:
multivitamin tablet

PAST MEDICAL HISTORY: Endometriosis, uterine fibroids, anemia.

PAST SURGICAL HISTORY: partial hysterectomy (still has ovaries) 2014. Left breast biopsy (benign) 2020. Lipoma right axilla removed in 1994. C-section 1996. Left femur surgery in 2011.

SOCIAL HISTORY: Works in the cafe on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN.

HEALTH MX HISTORY:

Former PCP was Dr. Chamnong until her insurance changed. Now she does not have a PCP.

GYN- Dr. Waller.

Mammogram- 2020.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
R11.0 - NAUSEA

PLAN:

Rx for Bromfed as needed for symptomatic relief. Given BP log. Recommended she buy a BP cuff and check BP twice daily. Follow up on Friday for fasting labs and Friday afternoon for BP follow up appt with me. Given referral for mammogram.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 hrs as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 11/29/22 10:58 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.