

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/05/23

PATIENT: GREEN, LATARCHIA **DOB:** 08/21/1975 **Gender:** FEMALE **MRN:** 5245 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough with possible fever.

HISTORY OF PRESENT ILLNESS: Mrs. Green is a 48 yo female here today for productive cough with green thick sputum since Sunday. She has felt feverish. Associated with headache, chest congestion, low back and bilateral hip pain. Denies runny nose, sore throat, or sinus congestion.

VITALS: BP: 134/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.7; **Resp:** 16; **Ht:** 60 in.; **Wt:** 248.1 lbs.;
BMI: 48.45; **Pulse Oximetry:** 76%

ALLERGIES: adhesive tape

MEDICATIONS:

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup (TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 HRS AS NEEDED FOR COUGH/CONGESTION)

Naprosyn 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD as needed for pain.)

Norvasc 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY FOR HTN)

ferrous sulfate 325 mg (65 mg iron) tablet (TAKE 1 TABLET (325 MG) BY ORAL ROUTE ONCE DAILY)

metformin ER 500 mg 24 hr tablet, extended release (gastric retention) (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)

Multivitamin tablet

PAST MEDICAL HISTORY: Endometriosis, uterine fibroids, anemia, prediabetes, HTN.

PAST SURGICAL HISTORY: partial hysterectomy (still has ovaries) 2014. Left breast biopsy (benign) 2020. Lipoma right axilla removed in 1994. C-section 1996. Left femur surgery in 2011.

SOCIAL HISTORY: Works in the cafe on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN.

HEALTH MX HISTORY:

Former PCP was Dr. Chamnong until her insurance changed. Now she does not have a PCP.

GYN- Dr. Waller.

Mammogram- 2020. Referral given 11/2022.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No

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anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Occasional inspiratory wheeze heard on the posterior right side. Left lung is clear. No rales or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
NEBULIZER BREATHING TREATMENT (1 unit(s)): Office Procedure
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J20.9 - ACUTE BRONCHITIS, UNSPECIFIED (PRIMARY)
R06.02 - SHORTNESS OF BREATH
R05.9 - COUGH, UNSPECIFIED
D75.839 - Thrombocytosis, unspecified
D50.9 - Iron deficiency anemia, unspecified

PLAN:

CBC and CXR came back normal. She does have microcytic anemia with high platelet count. Will start on iron daily. Repeat CBC in 6 weeks. She was given nebulizer treatment in office and steroid shot. Rx as per below. Follow up as needed.

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post nebulizer treatment at 1135 am: Heart rate: 80 beats/min; O2 sat: 98%

azithromycin 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Lindsey Barton, CRNP on 12/06/23 9:59 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive at the end.