

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/16/24

PATIENT: STREATY-VARNUM, JULIET **DOB:** 08/07/1971 **Gender:** FEMALE **MRN:** 5247 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: dysuria and frequency of urination since yesterday

HISTORY OF PRESENT ILLNESS: Mrs. Streaty-Varnum is a 52 yo female here today for burning and increased urination since yesterday. Denies fever, abdominal pain, or blood in urine. She states she is due to start her cycle any time now.

VITALS: BP: 129/80 **Pulse:** 98; **Temp:** 97; **Resp:** 16; **Ht:** 69 in.; **Wt:** 145.1 lbs.; **BMI:** 21.42; **Pulse Oximetry:** 97%;
FDLMP: 04/16/24

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Singulair 10 mg tablet (1 tab PO once daily)
Tri-Lo-Marzia 0.18 mg/0.215 mg/0.25 mg-25 mcg tablet (TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY)
amantadine HCl 100 mg tablet (1 tablet PO Bid)
amlodipine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
carvedilol 6.25 mg tablet (1 tablet PO BID)
dalfampridine ER 10 mg tablet, extended release, 12 hr (BID)
dimethyl fumarate 120 mg (14)-240 mg (46) capsule, delayed release

PAST MEDICAL HISTORY: MS- diagnosed in 2000 followed by neurology every 6 months. She also gets an MRI every 6 months, HTN

PAST SURGICAL HISTORY: C-section 2010, Right foot 1986, right knee construction

SOCIAL HISTORY: Married. Moved to the area in 2021. Works at AUM. Denies smoking, ETOH or illicit drug use

HEALTH MX HISTORY:

PCP- Dr. Myrtle-Gore

Neurologist- Paige Harris, CRNP

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/16/24

PATIENT: STREATY-VARNUM, JULIET **DOB:** 08/07/1971 **Gender:** FEMALE **MRN:** 5247 **AGE:** 52 Years

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:
Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Positive
pH: 6
Protein: Positive
Urobilinogen: Negative
Nitrites: Positive
Leukocytes: Positive
CS: yes
Comments: Leuks- 500, Nitrites positive, Pro- 30, Bld- 250

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
R30.0 - DYSURIA
R35.0 - FREQUENCY OF MICTURITION

PLAN:

Increase water intake. Follow up with urine culture results. Rx as per below. Follow up as needed.

Pyridium 100 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AFTER MEALS AS NEEDED for bladder pain/spasms

ciprofloxacin 250 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 1 TABLET (250 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 04/16/24 10:41 AM

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/16/24

PATIENT: STREATY-VARNUM, JULIET **DOB:** 08/07/1971 **Gender:** FEMALE **MRN:** 5247 **AGE:** 52 Years

L Barton, CRNP