

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/22

PATIENT: STREATY-VARNUM, JULIET **DOB:** 08/07/1971 **Gender:** FEMALE **MRN:** 5247 **AGE:** 51 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Urinary symptoms

HISTORY OF PRESENT ILLNESS: Ms. Straty-Varnum presents to the clinic with complaints of dysuria that started yesterday. She denies N/V, fevers or low back pain.

VITALS: BP: 132/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 98.3; **Resp:** 16; **Ht:** 65 in.; **Wt:** 140.1 lbs.;
BMI: 23.31; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tri-Lo-Marzia 0.18 mg/0.215 mg/0.25 mg-25 mcg tablet
amlodipine 10 mg tablet
carvedilol 6.25 mg tablet (BID)
dalfampridine ER 10 mg tablet, extended release, 12 hr (BID)
dimethyl fumarate 120 mg (14)-240 mg (46) capsule, delayed release

PAST MEDICAL HISTORY: MS, HTN

PAST SURGICAL HISTORY: C-section 2010, Right foot 1986, right knee construction

SOCIAL HISTORY: Denies smoking, ETOh or illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. No CVA tenderness

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab

RESULTS:

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UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Positive
pH: 6.5
Protein: Negative
Urobilinogen: Negative
Nitrites: Positive
Leukocytes: Positive
CS: yes
Comments: Leuk 500

Blood 50

ASSESSMENT:

N30.01 - ACUTE CYSTITIS WITH HEMATURIA (PRIMARY)
R30.0 - DYSURIA

PLAN:

Pending urine culture. Increase water intake and avoid caffeine

Macrobid 100 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Electronically signed by Robin Blackwell, CRNP on 11/29/22 2:59 PM

Robin Blackwell CNP