

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/13/23

PATIENT: JOHNSON, JESSICA **DOB:** 01/18/1992 **Gender:** FEMALE **MRN:** 5253 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Trenholm Physical with Hep B vaccine due to low titers.

HISTORY OF PRESENT ILLNESS: 30 year old female presents to clinic for a nursing school physical for Trenholm. She denies any medication problems at this time. Her last known menstrual cycle was the end of November. The patient reports she is usually regular with a cycle each month. When asked if she could possibly be pregnant, she states " I don't know". She does claim to be sexually active and is not currently on any birth control and does not use protection.

VITALS: BP: 138/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 97.4; **Resp:** 16; **Ht:** 69 in.; **Wt:** 250.3 lbs.;
BMI: 36.96; **Pulse Oximetry:** 99%; **FDLMP:** 11/30/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married with 1 child. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Visual Acuity (1 unit(s)): Office Procedure
Hepatitis B (1 unit(s)): Immunizations
URINE PREG TEST (1 unit(s)): In-House Lab
Immunization Injection Administration (1 unit(s)): Injection

RESULTS:

URINE PREG TEST :
Value: Negative

Visual Acuity:
Left Uncorrected: 20/50
Right Uncorrected: 20/50

Hepatitis B:
Site Given: Left Deltoid
Dosage Given: 1 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
N92.6 - IRREGULAR MENSTRUATION, UNSPECIFIED
Z23 - ENCOUNTER FOR IMMUNIZATION

PLAN:

Medically cleared to start at Trenholm once cleared from vision screening by ophthalmology.

Electronically signed by Lindsey Barton, CRNP on 01/13/23 3:35 PM



J. Barton, CRNP