

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/20/23

PATIENT: BAKER, CYNTHIA **DOB:** 01/04/1965 **Gender:** FEMALE **MRN:** 5272 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers and establish care
Symptoms: Denies

VITALS: BP: 147/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.3; **Resp:** 16; **Ht:** 66 in.; **Wt:** 290 lbs.;
BMI: 46.8; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

fluoxetine 20 mg capsule (3 tabs once daily (60mg))
lisinopril 40 mg tablet
metoprolol succinate ER 25 mg tablet, extended release 24 hr

PAST MEDICAL HISTORY: hypothyroidism, HTN, GAD

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Widow. Lives in Auburn with her son. Works at AUM. Drinks rarely. Denies smoking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy- 52 years old- reportedly normal

Mammogram- 2022- reportedly normal

Pap smear- March 2022- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
T4 FREE (QUEST) (1 unit(s)): Quest Diagnostics
Immunization Injection Administration (1 unit(s)): Injection
Influenza virus vaccine (1 unit(s)): Immunizations

RESULTS:

Influenza virus vaccine:
Site Given: Left Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
E03.9 - HYPOTHYROIDISM, UNSPECIFIED
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z13.220 - ENCOUNTER FOR SCREENING FOR LIPOID DISORDERS
Z23 - Encounter for immunization.

PLAN:

Continue meds at current dose. Follow up with lab results. Request medical records from previous PCP. HTN is followed by cardiology. Follow up in 6 months for recheck.

levothyroxine 137 mcg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (137 MCG) BY ORAL ROUTE ONCE DAILY

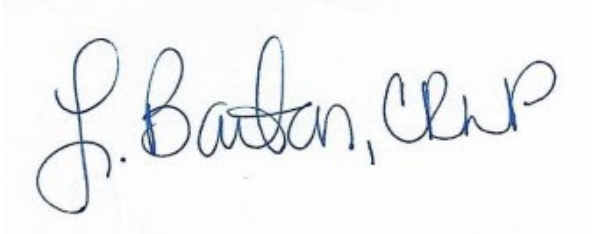
Electronically signed by Lindsey Barton, CRNP on 01/20/23 4:58 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".