

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/16/25

PATIENT: BAKER, CYNTHIA **DOB:** 01/04/1965 **Gender:** FEMALE **MRN:** 5272 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Eye Swelling

HISTORY OF PRESENT ILLNESS: Mrs. Baker is a 60yo female here today for right eye redness, right eyelid swelling, and waking up this morning with her eye matted closed. All symptoms began this am. She denies blurred vision or pain. She does not wear contacts or glasses.

VITALS: BP: 139/95 **Pulse:** 78; **Temp:** 96.8; **Resp:** 16; **Ht:** 66 in.; **Wt:** 286.6 lbs.; **BMI:** 46.25; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

chlorthalidone 25 mg tablet (1 tablet po once daily)

fluoxetine 60 mg tablet (TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

levothyroxine 137 mcg tablet (TAKE 1 TABLET (137 MCG) BY ORAL ROUTE ONCE DAILY)

lisinopril 40 mg tablet

metformin ER 500 mg tablet, extended release 24 hr (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)

triamcinolone acetonide 0.1 % topical cream (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY)

PAST MEDICAL HISTORY: hypothyroidism, HTN, GAD, PTSD, pre-diabetes.

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Widow. Lives in Auburn with her son. Works at AUM. Drinks rarely. Denies smoking, or illicit drug use.

FAMILY HISTORY: Brother- died at age 51 of pulmonary embolus.

HEALTH MX HISTORY:

Colonoscopy- 52 years old- reportedly normal

Mammogram- May 2024- Negative

Pap smear- March 2022- reportedly normal.

Cardiology- The Heart Center in Auburn.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Left Eye- sclera white, conjunctiva pink, EOMI. Right eye- sclera erythematous, conjunctiva- erythematous. EOMI. Right upper eyelid with mild soft tissue swelling. Ears- tympanic

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membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H10.31 - UNSPECIFIED ACUTE CONJUNCTIVITIS, RIGHT EYE (PRIMARY)
I10 - Essential (primary) hypertension

PLAN:

Rx as per below. Recommended frequent handwashing and throwing away any eye makeup and not using any eye make up until infection is cleared to prevent spread. Follow up as needed.

Excuse

erythromycin 5 mg/gram (0.5 %) eye ointment

Refills: 0 Qty: 3.5 GRAM(S)

Instructions: APPLY 1 CM RIBBON INTO THE LOWER CONJUNCTIVAL SAC(S) IN THE AFFECTED EYE(S) BY OPHTHALMIC ROUTE 3 TIMES PER DAY for 7 days

Electronically signed by Lindsey Barton, CRNP on 05/16/25 4:12 PM

L. Barton, DNP, CRNP