

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/28/23

PATIENT: BAKER, CYNTHIA **DOB:** 01/04/1965 **Gender:** FEMALE **MRN:** 5272 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 6 month follow up

HISTORY OF PRESENT ILLNESS: Ms. Baker is a 58 yo female here today for 6 month follow up. Her HTN is managed by cardiology. She has hypothyroidism on synthroid. She c/o left ear itching for the past month. She would also like to discuss a referral to dermatology for some white bumps on her face and due to skin tags around her right eye.

Her last mammogram was March 2022 and she needs a referral.

VITALS: BP: 139/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 63; **Temp:** 97.6; **Resp:** 16; **Ht:** 66 in.; **Wt:** 281.3 lbs.; **BMI:** 45.4; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

fluoxetine 20 mg capsule (3 TABS PO ONCE DAILY (60MG))
levothyroxine 137 mcg tablet (TAKE 1 TABLET (137 MCG) BY ORAL ROUTE ONCE DAILY)
lisinopril 40 mg tablet
loratadine 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
metoprolol succinate ER 25 mg tablet, extended release 24 hr

PAST MEDICAL HISTORY: hypothyroidism, HTN, GAD

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Widow. Lives in Auburn with her son. Works at AUM. Drinks rarely. Denies smoking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy- 52 years old- reportedly normal

Mammogram- 2022- reportedly normal

Pap smear- March 2022- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent, very small piece of dark brown wax noted in left ear. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Ear Irrigation (1 unit(s)): Surgical Procedure

ASSESSMENT:

L91.8 - OTHER HYPERTROPHIC DISORDERS OF THE SKIN (PRIMARY)

E03.9 - HYPOTHYROIDISM, UNSPECIFIED

E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

Z12.39 - Encounter for other screening for malignant neoplasm of breast

H61.22 - Impacted cerumen, left ear.

PLAN:

Follow up for fasting labs (Lipids, TSH, BMP). Continue meds as prescribed. Follow up in 6 months for recheck.

Referral: Herron, Dr. Mark (Dermatology)

No Special Instructions

Referral: Health Center, Baptist Breast (Radiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 07/28/23 1:31 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.