

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Medical Records - CONFIDENTIAL

FROM: AL - CHS - Crestwood Physician Service,

Maria W
165 WHITESPORT DR STE 1, HUNTSVILLE, AL 35801-7427
Phone: (256) 880-0450
Fax: (256) 880-0754

TO: AUBURN UNIVERSITY STUDENT SERVICES PSYCH

400 LEM MORRISON DR, OPELIKA, AL 36801
Phone: (334) 844-5123
Fax: (334) 844-6110

Name: BAKER, CYNTHIA S

DOB: 01/04/1965

Date Range: 01/01/2022 to 01/27/2023

This document contains the following records of the patient:

- **Facesheet**
- **Encounters and Procedures**
- **Imaging Results**
- **Lab Results**

Note: Records request

This fax may contain sensitive and confidential personal health information that is being sent for the sole use of the intended recipient. Unintended recipients are directed to securely destroy any materials received. You are hereby notified that the unauthorized disclosure or other unlawful use of this fax or any personal health information is prohibited. To the extent patient information contained in this fax is subject to 42 CFR Part 2, this regulation prohibits unauthorized disclosure of these records.

If you received this fax in error, please visit www.athenahealth.com/NotMyFax to notify the sender and confirm that the information will be destroyed. If you do not have internet access, please call 1-888-482-8436 to notify the sender and confirm that the information will be destroyed. Thank you for your attention and cooperation.
[ID:106418-A-3038]

BAKER, Cynthia S (Id #106418, dob: 01/04/1965)**Facesheet****Demographics**

Patient Name	BAKER, CYNTHIA S
Sex	F
DOB	01/04/1965
Address	14018 ASTALOT DR SE
City/State/Zip	HUNTSVILLE, AL 35803-2464
Home Phone	(256) 880-2537
Mobile Phone	(256) 880-2537
Insurance	Med Primary: BCBS-AL (PPO) Insurance # : EDU802676239 Policy/Group # : 0014000-000 Prescription: check now
Default Pharmacy	WALMART NEIGHBORHOOD MARKET 5716 (ERX) 9020 BAILEY COVE RD SE HUNTSVILLE AL 35802 Ph (256) 970-6547 Fax (256) 970-6548
Preferred Lab	CRESTWOOD MEDICAL CENTER 1 HOSPITAL DR HUNTSVILLE Ph (256) 429-4888 Fax (256) 429-4612
Preferred Imaging Facility	CRESTWOOD MEDICAL CENTER 1 HOSPITAL DR HUNTSVILLE Ph (256) 429-4888 Fax (256) 429-4612

Height / Weight / BMI / BP

Height	5 ft 6.75 in	02/17/2022
Weight	280 lbs	02/17/2022
BMI	44.2	02/17/2022
Blood Pressure	150 / 78	02/17/2022

Problems

- Hypothyroidism - Onset: 12/17/2018
- Vitamin D deficiency - Onset: 06/12/2020
- Hyperlipidemia - Onset: 10/14/2021
- Generalized anxiety disorder - Onset: 02/17/2022
- Essential hypertension - Onset: 12/17/2018
- Impaired fasting glycemia - Onset: 06/12/2020

Surgical History

- Colonoscopy - 06/13/2018 - negative-repeat in 5 yrs per Dr. Shah

Medications

2/2/23
Reviewed
J. Hunter, CRP

CFPWC CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE • 165 WHITESPORT DR STE 1, HUNTSVILLE AL 35801-7427

BAKER, Cynthia S (id #106418, dob: 01/04/1965)**FLUoxetine 20 mg capsule**

TAKE 2 CAPSULES BY MOUTH ONCE DAILY

12/16/21 filled

levothyroxine 137 mcg tablet

Take 1 tablet(s) every day by oral route in the morning for 90 days.

02/17/22 prescribed

lisinopril 40 mg tablet

Take 1 tablet(s) every day by oral route for 90 days.

02/17/22 prescribed

Vit B

Vaccines

Vaccine Type	Date	Amt	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS Date	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	12/20/21						Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	05/03/21						Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/21						Pfizer, Inc				
Influenza											
influenza, injectable, quadrivalent	11/11/21										
influenza, injectable, quadrivalent	10/05/20										
influenza, injectable, quadrivalent	12/27/19										WALMART
influenza, injectable, quadrivalent	11/14/18										

Allergies / Adverse Reactions

NKDA

Past Medical History

HEADACHES	Y	THYROID DISEASE	Y
HYPERTENSION	Y		

Social History**Advance Directive**

Do you have an advance directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

How much tobacco do you smoke?: None

Do you or have you ever used e-cigarettes or vape?: Never used electronic cigarettes

How many years have you smoked tobacco?: 0

Do you or have you ever used smokeless tobacco?: Never used smokeless tobacco

How much tobacco do you chew?: none

What was the date of your most recent tobacco screening?: 02/17/2022

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

What is your level of caffeine consumption?: Moderate

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you blind or do you have difficulty seeing?: Yes

Are you deaf or do you have serious difficulty hearing?: No

Do you have difficulty concentrating, remembering or making decisions?: No

Do you have difficulty walking or climbing stairs?: No

Do you have difficulty dressing or bathing?: No

Do you have difficulty doing errands alone?: No

Diet and Exercise

What type of diet are you following?: Regular

What is your exercise level?: Occasional

Home and Environment

Do you have any pets?: Yes

Do you have smoke and carbon monoxide detectors in your home?: Yes

Are you passively exposed to smoke?: No

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Are there any guns present in your home?: No

Do you use sunscreen routinely?: Yes

Lifestyle

Do you use your seat belt or car seat routinely?: Yes

Marriage and Sexuality

What is your relationship status?: Widowed

Education and Occupation

What is the highest grade or level of school you have completed or the highest degree you have received?: Doctoral degree (example: PhD, EdD)

Are you currently employed?: Yes

What is your occupation?: Teacher

Public Health and Travel

Have you recently traveled abroad?: No

Have you been to an area known to be high risk for COVID-19?: No

In the 14 days before symptom onset, have you had close contact with a laboratory-confirmed COVID-19 while that case was ill?: No

In the 14 days before symptom onset, have you had close contact with a person who is under investigation for COVID-19 while that person was ill?: No

Other

Education: Post Graduate

Marital status: Widowed

Seat belts used routinely: Yes

Smoke alarm in home: Yes

General stress level: Medium

Legacy Social History

Sexual orientation: Heterosexual

Gender Identity and LGBTQ Identity

Sexual orientation: Straight or heterosexual

Family History

Mother

- Benign neoplasm of thyroid gland
- Hematochezia

GYN History

Date of Last Mammogram: 03/11/2022.

Abnormal Pap: N.

Date of LMP: 01/01/2015.

Most Recent Bone Density: 01/01/2017.

Current Birth Control Method: Menopause.

Date of Last Pap Smear: 06/18/2020.

of pregnancies: 2.

Most Recent Mammogram: 03/11/2022.

Patient History - Other

None recorded.

Past Pregnancies

None recorded.

Obstetric History

TOTAL	FULL	PRE	AB. I	AB. S	ECTOPICS	MULTIPLE	LIVING
2							2

Screening

PHQ-2/PHQ-9 0 10/14/2021

CFPWC CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE • 165 WHITESPORT DR STE 1, HUNTSVILLE AL 35801-7427

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Encounters and Procedures

Clinical Encounter Summaries

CFPWC CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE • 165 WHITESPORT DR STE 1, HUNTSVILLE AL 35801-7427

BAKER, Cynthia S (id #106418, dob: 01/04/1965)**Encounter Date: 02/17/2022**

Patient

Name	BAKER, CYNTHIA (57yo, F) ID# 106418	Appt. Date/Time	02/17/2022 02:00PM
DOB	01/04/1965	Service Dept.	CFPWC CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE
Provider	CARISA SPARKS, CRNP		
Insurance	Med Primary: BCBS-AL (PPO) Insurance # : EDU802676239 Policy/Group # : 0014000-000 Prescription: EXPRESS SCRIPTS - Member is eligible. details		

Chief Complaint

Followup: Hyperlipidemia
Followup: Hypothyroidism
Followup: Anxiety
Followup: Essential hypertension

Patient's Care Team

Gastroenterologist: SMITA S SHAH MD: 4601 WHITESBURG DR S STE 101, HUNTSVILLE, AL 35802-1677, Ph (256) 882-7888, Fax (256) 882-7886 NPI: 1063454817
Primary Care Provider: CARISA SPARKS CRNP: 4810 WHITESPORT CIR STE 202, HUNTSVILLE, AL 35801, Ph (256) 880-0450, Fax (256) 880-0754 NPI: 1356689129

Patient's Pharmacies

WALMART NEIGHBORHOOD MARKET 5716 (ERX): 9020 BAILEY COVE RD SE, HUNTSVILLE, AL 35802, Ph (256) 970-6547, Fax (256) 970-6548

Vitals

Ht: 5 ft 6.75 in (169.55 cm) 02/17/2022 01:53 pm

Wt: 280 lbs (127.01 kg) 02/17/2022 01:55 pm

BMI: 44.2 02/17/2022 01:55 pm

BP: 150/78 sitting L arm 02/17/2022 01:56 pm
140/72 sitting L arm 02/17/2022 02:05 pm

T: 96.8 F° temporal artery (36 C) 02/17/2022 01:56 pm

Pulse: 84 bpm regular 02/17/2022 01:56 pm

O2Sat: 98% Room Air at Rest 02/17/2022 01:56 pm

Measurements

None recorded.

Allergies

Reviewed Allergies

NKDA

Medications

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Reviewed Medications

FLUoxetine 20 mg capsule

TAKE 2 CAPSULES BY MOUTH ONCE DAILY

12/16/21 filled

levothyroxine 137 mcg tablet

Take 1 tablet(s) every day by oral route in the morning for 90 days.

02/17/22 prescribed

lisinopril 40 mg tablet

Take 1 tablet(s) every day by oral route for 90 days.

02/17/22 prescribed

Vit B

Vaccines

Reviewed Vaccines

Vaccine Type	Date	Amt	Route	Site	NDC	Lot #	Mfr	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	12/20/21						Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	05/03/21						Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/21						Pfizer, Inc				
Influenza											
influenza, injectable, quadrivalent	11/11/21										
influenza, injectable, quadrivalent	10/05/20										
influenza, injectable, quadrivalent	12/27/19										WALMART
influenza, injectable, quadrivalent	11/14/18										

Problems

Reviewed Problems

- Hypothyroidism - Onset: 12/17/2018
- Vitamin D deficiency - Onset: 06/12/2020
- Hyperlipidemia - Onset: 10/14/2021
- Generalized anxiety disorder - Onset: 02/17/2022
- Essential hypertension - Onset: 12/17/2018
- Impaired fasting glycemia - Onset: 06/12/2020

Family History

Reviewed Family History

- Mother - Benign neoplasm of thyroid gland
- Hematochezia

Social History

Reviewed Social History

Advanced Directive

Do you have an advanced directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

How many years have you smoked tobacco?: 0

How much tobacco do you smoke?: None

Do you or have you ever used e-cigarettes or vape?: Never used electronic cigarettes

Do you or have you ever used smokeless tobacco?: Never used smokeless tobacco

How much tobacco do you chew?: none

What was the date of your most recent tobacco screening?: 02/17/2022

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

What is your level of caffeine consumption?: Moderate

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you blind or do you have difficulty seeing?: Yes

Are you deaf or do you have serious difficulty hearing? : No

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Do you have difficulty concentrating, remembering or making decisions?: No
Do you have difficulty walking or climbing stairs?: No
Do you have difficulty dressing or bathing?: No
Do you have difficulty doing errands alone?: No
Diet and Exercise
What type of diet are you following?: Regular
What is your exercise level?: Occasional
Home and Environment
Do you have any pets?: Yes
Do you have smoke and carbon monoxide detectors in your home?: Yes
Are you passively exposed to smoke?: No
Are there any guns present in your home?: No
Do you use sunscreen routinely?: Yes
Lifestyle
Do you use your seat belt or car seat routinely?: Yes
Marriage and Sexuality
What is your relationship status?: Widowed
Education and Occupation
What is the highest grade or level of school you have completed or the highest degree you have received?:
Doctoral degree (example:PhD, EdD)
Are you currently employed?: Yes
What is your occupation?: Teacher
Public Health and Travel
Have you recently traveled abroad?: No
Have you been to an area known to be high risk for COVID-19?: No
In the 14 days before symptom onset, have you had close contact with a laboratory-confirmed COVID-19 while that case was ill?: No
In the 14 days before symptom onset, have you had close contact with a person who is under investigation for COVID-19 while that person was ill?: No
Other
Education: Post Graduate
Marital status: Widowed
Seat belts used routinely: Yes
Smoke alarm in home: Yes
General stress level: Medium
Gender Identity and LGBTQ Identity
Sexual orientation: Straight or heterosexual

Surgical History

Reviewed Surgical History
* Colonoscopy - 06/13/2018 - negative-repeat in 5 yrs per Dr. Shah

GYN History

Reviewed GYN History
Date of Last Mammogram: 06/15/2020.
Most Recent Bone Density: 01/01/2017.
Date of LMP: 01/01/2015.
Date of Last Pap Smear: 06/18/2020.
Abnormal Pap: N.
Current Birth Control Method: Menopause.
of pregnancies: 2.
Most Recent Mammogram: 06/15/2020.

Obstetric History

Reviewed Obstetric History							
TOTAL	FULL	PRE	AB. I	AB. S	ECTOPICS	MULTIPLE	LIVING
2							2

Past Medical History

Reviewed Past Medical History
HEADACHES: Y
HYPERTENSION: Y
THYROID DISEASE: Y

Documents for Discussion

Discussed the following documents:
• TSH, SERUM OR PLASMA - 01/31/22
Result:
- TSH: 0.997
• T4, FREE, SERUM - 01/31/22
Result:
- T4, FREE: 1.30

Screening

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

None recorded.

HPI

Anxiety/Depression

Reported by patient.

Severity: denies suicidal ideations; able to maintain relationships; does not interfere with activities of daily living

Duration: symptoms lasting over 2 weeks

Context: **major life stressors; family problems; bereavement**

Associated Symptoms: denies homicidal ideations; no significant weight gain; no visual/auditory hallucinations; no delusions; no shortness of breath; **emotional lability; anxiety; depression**

Notes:

Patient currently taking Fluoxetine 40mg daily for anxiety symptoms, reports she feels it is worsening but afraid to take more medication.

Generic HPI Template

Reported by patient.

Notes:

Recent Vit D 63.1 (39), taking weekly Vit D

Hyperlipidemia

Reported by patient.

Type of hyperlipidemia: **hypercholesterolemia**

Duration: **chronic**

Control: improving

Current Therapy: last cholesterol level: 239 (258); last LDL level: 139 (155); last triglyceride level: 169 (181); last HDL level: 66 (67)

Compliance: **noncompliant with diet; does not exercise**

Complications: no coronary artery disease; no peripheral artery disease; no cardiovascular disease

Risk Factors: **hypertension; obesity**

Hypertension F/U

Reported by patient.

Associated Symptoms: no dizziness; no lightheadedness; no chest pain; no shortness of breath; no palpitations; no edema; no calf pain with exertion

Lifestyle: limiting/avoiding salt

Medications: taking medications as directed; no side effects from medication

Notes:

BP 150/78 and 140/72 with pulse of 84 today. Taking Lisinopril 40mg daily. She is working to lose weight

Hypothyroidism

Reported by patient.

Severity: mild

Duration: intermittent

Context/Risk: **history of hypothyroidism; female gender**

Modifying Factors: medication

Exercise gets exercise

Associated Symptoms: no cold intolerance; no heat intolerance; no weight loss; no weight gain; no double vision; no dry eyes; no hoarseness; no difficulty swallowing; no neck masses; no deepening of the voice; no fast heart rate; no increased blood pressure; no palpitations; no chest pain; no chest tightness or pressure; no constipation; no diarrhea; no vomiting; no decreased appetite; no loose stools; no excessive sweating; no joint pain; no numbness; no tingling of the hands or feet; no dry skin; no tremor; no nervousness; no anxiety; no depression; no fatigue; no sleep difficulties; no skin changes; no hair changes

Notes:

Recent TSH at 6.81 (2.42) and T4 at 1.04 (1.22), currently Levothyroxine 125mcg daily.

ROS

Patient reports **irritability, depression, and anxiety**. She reports no fever, no chills, no night sweats, no exercise intolerance, normal appetite, and no sleep disturbances: insomnia. She reports no dry eyes, no irritation, no visual changes, and no floaters. She reports no ear pain and no vertigo. She reports no frequent nosebleeds and no nose/sinus problems. She reports no sore throat, no difficulty swallowing (dysphagia), no anterior neck pain/tenderness, and no snoring. She reports no chest pain, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no lightheadedness, and no ankle edema. She reports no cough, no wheezing, and no shortness of breath. She reports no nausea, no vomiting, no diarrhea, and no constipation. She reports no pain during urination, no difficulty urinating, and no hematuria. She reports no arthralgias/joint pain, no back pain, and no swelling in the extremities. She reports no dry skin, no rashes, and no discoloration. She reports no weakness, no numbness, no tingling, no dizziness, and no headaches. She reports no cold intolerance and no heat intolerance. She reports no bruising and no swollen glands. She reports no runny nose and no nasal congestion.

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

Additionally reports: I have personally performed and documented the services documented here and agree that the documentation accurately represents these services and the decisions I have made. I have also reviewed and discussed the ROS and Past, Family and Social history and made changes and additions as needed. Carisa Sparks, NP

Physical Exam

Patient is a 57-year-old female.

Constitutional: General Appearance: **morbidly obese**. Level of Distress: NAD. Ambulation: ambulating normally.

Psychiatric: Insight: good judgement. Mental Status: normal mood and affect and active and alert. Orientation: to time, place, and person. Memory: remote memory normal.

Head: Head: normocephalic and atraumatic.

Eyes: Lids and Conjunctivae: no discharge or pallor.

ENMT: Hearing: no hearing loss.

Lungs: Respiratory effort: no dyspnea. Auscultation: no wheezing, rales/crackles, or rhonchi and good air movement and CTA except as noted.

Cardiovascular: Heart Auscultation: normal S1 and S2; no murmurs, rubs, or gallops; and RRR. Neck vessels: no carotid bruits.

Musculoskeletal:: Motor Strength and Tone: normal tone. Joints, Bones, and Muscles: normal movement of all extremities and no tenderness. Extremities: no edema or varicosities.

Neurologic: Gait and Station: normal station. Coordination and Cerebellum: no tremor. Motor Strength normal facial right and left.

Skin: Inspection and palpation: no rash, lesions, nodules, or jaundice and good turgor. Nails: normal.

Back: Thoracolumbar Appearance: normal curvature.

Assessment / Plan

1. Essential hypertension -

Chronic, slightly elevated in office, advised to monitor BP at home and will f/u in 3 months

I10: Essential (primary) hypertension

- HIGH BLOOD PRESSURE: CARE INSTRUCTIONS
- LEARNING ABOUT HIGH BLOOD PRESSURE
- lisinopril 40 mg tablet - Take 1 tablet(s) every day by oral route for 90 days. Qty: 90 tablet(s) Refills: 1
Pharmacy: WALMART NEIGHBORHOOD MARKET 5716
- COMP METAB PANEL - To be performed on or around 05/10/2022
- CBC W-PLT, NO DIFF (HEMAGRAM) - To be performed on or around 05/10/2022
- UA W-MICROSCOPIC - To be performed on or around 05/10/2022
- MICROALBUMIN QNT - To be performed on or around 05/10/2022

2. Hyperlipidemia -

Chronic, diet controlled

E78.2: Mixed hyperlipidemia

- HIGH CHOLESTEROL: CARE INSTRUCTIONS

3. Hypothyroidism -

Chronic, stable

E03.9: Hypothyroidism, unspecified

- levothyroxine 137 mcg tablet - Take 1 tablet(s) every day by oral route in the morning for 90 days. Qty: 90 tablet(s) Refills: 1 Pharmacy: WALMART NEIGHBORHOOD MARKET 5716 Note to Pharmacy: stop Levothyroxine 125mcg
- TSH - To be performed on or around 05/10/2022
- THYROXINE T4, FREE - To be performed on or around 05/10/2022

4. Impaired fasting glycemia - Chronic, diet controlled

R73.01: Impaired fasting glucose

- PREDIABETES: CARE INSTRUCTIONS
- HEMOGLOBIN A1C - To be performed on or around 05/10/2022

5. Body mass index 40+ - severely obese -

BMI 44.2

BAKER, Cynthia S (Id #106418, dob: 01/04/1965)

Z68.41: Body mass index [BMI] 40.0-44.9, adult

- BODY MASS INDEX: CARE INSTRUCTIONS
- LEARNING ABOUT HEALTHY WEIGHT

6. Generalized anxiety disorder -

Chronic, worsening, advised to establish care with Psychiatrist

F41.1: Generalized anxiety disorder

- ANXIETY DISORDER: CARE INSTRUCTIONS

Return to Office

- CARISA SPARKS, CRNP for *Follow-up 15 at CFPWC_CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE on 05/19/2022 at 09:15 AM

Encounter Sign-Off

Encounter signed-off by CARISA SPARKS, CRNP, 02/17/2022.

Encounter performed and documented by CARISA SPARKS, CRNP

Encounter reviewed & signed by CARISA SPARKS, CRNP on 02/17/2022 at 2:40pm

Imaging Results

BAKER, Cynthia S (Id #106418, dob: 01/04/1965)

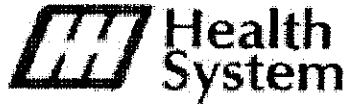
MAMMO, SCREENING, DIGITAL, BILATERAL (#8578125, 03/11/2022 12:00am)

3/11/2022 10:11

HUNTAIRRD10

RRD → 12568800754

1/3



TO:	Sparks, Carisa
FAX #:	1 256 880 0754
DATE:	3/11/2022 10:08:31 AM
No. of Pages Including Cover::	3
Comments:	N/A ;

CONFIDENTIALITY NOTE: The information contained in this facsimile message is legally privileged and confidential information intended only for the use of the individual or entity named above. If the reader of this message is not the intended recipient you are hereby notified that any dissemination, distribution or copying of this telecopy is strictly prohibited. If you have received this fax in error, please complete the below information and fax this form (along with your fax coversheet) to the HH System Privacy and Security Officer at 256.265.4477 Thank you.

Please check the one box below that describes what you did with the document(s) you received.

- ☐ The document(s) was shredded. No copies were made or kept.
- ☐ The document(s) was not shredded, but was destroyed so that it would be impossible for someone to piece the document back together. No copies were made or kept.
- ☐ The original document(s) was returned to the above address. No copies were made or kept.

How many pages of documents you unintentionally received _____

Thank you for your assistance in this matter!

BAKER, Cynthia S (Id #106418, dob: 01/04/1965)

3/11/2022 10:11

HUNTALRRD10

RRD→12568800754

2/3

Huntsville Hospital System
Huntsville Hospital for Women and Children
245 Governors Dr SE
Huntsville, AL 35801-4421

Patient: **BAKER, CYNTHIA SUTHERLIN**

MRN: 01368987

Admit Date/Time: 3/11/2022 08:26 CST

Financial Number: 01368987-0002

Disch Date/Time:

DOB/Age/Gender: 1/4/1965 57 years Female

Copy To: Sparks,CRNP,Carisa

Location: BCPV

Attending: Sparks,CRNP,Carisa

Huntsville Hospital Breast Center

Referring: Sparks,CRNP,Carisa

910 Adams Street

PCP: Chu,MD,Ann S

Suite 110

Huntsville, AL 35801-

Mammography

Accession	Exam Date/Time	Exam	Ordering Physician	Patient Age at Exam
MG-22-0008648	3/11/2022 08:47 CST	MG Breast Tomo 3D Digital Screening	Sparks,CRNP,Carisa	57 years

Reason for Exam

(MG Breast Tomo 3D Digital Screening) ROUTINE

Report

MG-22-0008648

BILATERAL SCREENING MAMMOGRAM WITH CAD AND TOMOSYNTHESIS

HISTORY: Screening.

COMPARISON: 6/15/2020, 3/28/2018

FINDINGS:

Mammographic density: Scattered areas of fibroglandular density.

Bilateral CC and MLO tomosynthesis acquisitions with reconstructed projection images demonstrate no mammographic evidence of malignancy in either breast. Scattered round benign calcifications are present. More clustered calcifications lower inner quadrant of the left breast are unchanged since the prior study.

IMPRESSION:

No mammographic evidence of malignancy.

If the clinical examination remains stable, recommend mammographic evaluation in approximately one year.

BIRADS 1-Negative.

According to the National Comprehensive Cancer Network guidelines for breast cancer screening, yearly mammograms are recommended starting at age 40 and continuing as long as a woman is in good health. Any change detected on a breast self exam should be reported promptly to the patient's healthcare provider.

Thank you for allowing us to assist in the care of your patient. If you have any questions regarding your patient's study or other imaging, please do not hesitate to call the interpreting radiologist at 256-713-0622.

Report Request ID: 34924937

Page 1 of 2

Print Date/Time: 3/11/2022 09:17 CST

CFPWC CRESTWOOD FAMILY PRACTICE WHITESPORT CIRCLE • 165 WHITESPORT DR STE 1, HUNTSVILLE AL 35801-7427

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

3/11/2022 10:11

HUNTALRRD1U

RRD → 12568800754

3/3

Huntsville Hospital System
Huntsville Hospital for Women and Children

Patient Name: BAKER, CYNTHIA SUTHERLIN

MRN: 01368987

Financial Number: 01368987-0002

DOB/Age/Gender: 1/4/1965 57 years Female

Admit Date/Time: 3/11/2022 08:26 CST

Disch Date/Time:

Attending: Sparks, CRNP, Carisa

Referring: Sparks, CRNP, Carisa

PCP: Chu, MD, Ann S

Mammography

Report

A negative mammography report should not discourage follow up or biopsy of a clinically significant finding and/or abnormality.

The patient will be entered into a reminder system with a target date for the next screening mammogram.

Signer Name: Christian Scales MD

Signed: 3/11/2022 9:15 AM

Organization: Radiology of Huntsville Referring Physicians only 256.713.0622

Assessment: 1-Negative

Recommendation: Normal interval follow-up

Technologist: Hubert, RT R M, Deborah

***** Final *****

Signed by: Scales, MD, Joseph Christian

Signed (Electronic Signature): 03/11/2022 9:17 am

BAKER, Cynthia S (id #106418, dob: 01/04/1965)

TSH 01/31/2022 (#8393056, Final, 01/31/2022 4:34pm)

Ordering Provider		CARISA SPARKS, CRNP		Performing Lab		CRESTWOOD MEDICAL CENTER 1 HOSPITAL DR HUNTSVILLE, AL 35801	
Specimen/Accession ID		C220311612		Specimen Source		PLASMA	
Specimen Coll. Date		01/31/2022 16:34		Result Status		Final	
Specimen Rec. Date		01/31/2022 16:34		Report Status			
Specimen Reported Date		01/31/2022 21:53					
Report	Result	Ref. Range	Units		Status	Lab	
TSH	0.997	0.358-3.740	UIU/ML		Final	CRESTWOOD MEDICAL CENTER	
RESULT NOTE		Performed by Crestwood Medical Center, 1 Hospital Dr, Huntsville, AL 35801 Patient Class: Outpatient					

THYROXINE T4, FREE 01/31/2022 (#8393055, Final, 01/31/2022 4:34pm)

Ordering Provider		CARISA SPARKS, CRNP		Performing Lab		CRESTWOOD MEDICAL CENTER 1 HOSPITAL DR HUNTSVILLE, AL 35801	
Specimen/Accession ID		C220311612		Specimen Source		PLASMA	
Specimen Coll. Date		01/31/2022 16:34		Result Status		Final	
Specimen Rec. Date		01/31/2022 16:34		Report Status			
Specimen Reported Date		01/31/2022 21:53					
Report	Result	Ref. Range	Units		Status	Lab	
T4, FREE	1.30	0.76-1.46	NG/DL		Final	CRESTWOOD MEDICAL CENTER	
RESULT NOTE	Performed by Crestwood Medical Center, 1 Hospital Dr, Huntsville, AL 35801 Patient Class: Outpatient						