

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/01/21

PATIENT: KHAN, SAMAR **DOB:** 12/04/1997 **Gender:** MALE **MRN:** S00374122 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: (R) shoulder pain

Symptoms: Pt states that after taking the ibuprofen and doing exercises for 10 days, the pain is much better. He reports he is still have some pain when he hyperextends his arm backwards.

Other: Roommate passed away last week. States he is doing ok emotionally.

VITALS: BP: 110/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 56; **Temp:** 96.5; **Resp:** 14; **Ht:** 72 in.; **Wt:** 176.6 lbs.;
BMI: 23.95; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

ibuprofen 600 mg tablet (TAKE 1 TABLET (600 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Abdominal surgery as a small child but not sure for what.

SOCIAL HISTORY: Denies using alcohol, tobacco or recreational drugs.

FAMILY HISTORY: Denies.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ bilateral radial pulses. Bilateral hand grasp strong 5/5. + FROM right shoulder. No reproducible tenderness to palpation. Negative empty can test and no pain elicited when externally rotated.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

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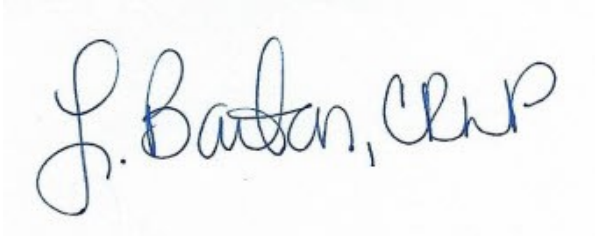
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M25.511 - Pain in right shoulder (PRIMARY)

PLAN:

Recommended MRI right shoulder since this pain has been ongoing since October. He did have some improvement with home exercises and ibuprofen. He says he can't afford an MRI at this time. He will consider it and let me know. For now, continue with home PT and NSAIDs as needed. Try to avoid the hyperextending motion that causes him pain. He verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 02/04/21 9:13 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.