

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/28/23

PATIENT: KHAN, SAMAR **DOB:** 12/04/1997 **Gender:** MALE **MRN:** S00374122 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Tiger Wellness Screening

HISTORY OF PRESENT ILLNESS: Mr. Khan presents to the clinic for a Tiger Wellness Screening physical. He denies any complaints. He states he last ate last night and had caffeine chocolate chip ice cream. He denies any concerns or complaints. He states he exercises everyday playing bat mitten, eats a well balanced meals but will have fast foods at times, and gets 7-8 hours of sleep per night.

VITALS: BP: 118/68 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 52; **Temp:** 97.1; **Resp:** 16; **Ht:** 73 in.; **Wt:** 196.6 lbs.; **BMI:** 25.93; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Abdominal surgery as a small child but not sure for what.

SOCIAL HISTORY: Denies using alcohol, tobacco or recreational drugs.

FAMILY HISTORY: Denies.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Cholestech LDX (1 unit(s)): In-House Lab

RESULTS:

Abbott Cholestech LDX:

TC: 197 ()

HDL: 55 ()

TRG: 163 ()

LDL: 109 ()

VLDL: 141 ()

TC/HDL:3.6 ()

Comments: Glucose 113

ASSESSMENT:

Z00.00 - ENCNTR FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

Z13.220 - Encounter for screening for lipoid disorders

Z13.1 - Encounter for screening for diabetes mellitus

PLAN:

Discussed in house labs today with recommendations. Patient verbalized understanding.

Electronically signed by Robin Blackwell, CRNP on 02/28/23 10:33 AM

Robin Blackwell CNP