

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/21/23

PATIENT: KHAN, SAMAR **DOB:** 12/04/1997 **Gender:** MALE **MRN:** 5273 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: lumbar back pain

HISTORY OF PRESENT ILLNESS: 25 year old male presents to clinic for lower back pain since Tuesday evening. He was hit from behind by a semi truck on Tuesday evening. He reports he was only going about 2-3mph at the time and no air bags were deployed during the impact from the semi truck. Pain is a 5/10 and he describes is as a sharp pain that mainly stays in the mid lumbar region but he noticed right leg pain yesterday as well. Denies numbness, weakness, or tingling to extremities and no urinary or bowel issues.

VITALS: BP: 141/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 97.8; **Resp:** 16; **Ht:** 72.4 in.; **Wt:** 201 lbs.;
BMI: 26.95; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Abdominal surgery as a small child but not sure for what.

SOCIAL HISTORY: Denies using alcohol, tobacco or recreational drugs.

FAMILY HISTORY: Denies.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. + FROM of completed spine. Negative SLR bilaterally. No vertebral point tenderness.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

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Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

V87.7XXA - Person injured in collision between other specified motor vehicles (traffic), initial encounter (PRIMARY)
M54.9 - DORSALGIA, UNSPECIFIED
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Recommended rest, heat or ice, limit bending and squatting motions for next 2 weeks, and RX as per below. Referral given for lumbar x-ray. Follow up with results.

methocarbamol 750 mg tablet

Refills: 0 Qty: 21 TABLET(S)

Instructions: TAKE 1 TABLET (750 MG) BY ORAL ROUTE 3 TIMES PER DAY as needed for muscle spasms

ibuprofen 800 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain

Electronically signed by Lindsey Barton, CRNP on 09/21/23 4:27 PM



J. Barton, CRNP