

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/02/23

PATIENT: MARSHALL, DAMARCUS **DOB:** 07/05/1994 **Gender:** MALE **MRN:** 5282 **AGE:** 28 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: rash

HISTORY OF PRESENT ILLNESS: Mr. Marshall presents to the clinic with complaints of a rash on his inner ring finger on his right hand since Monday. He describes the rash as painful and tender to touch. He states he has had these similar rashes appear off and on on his legs as well that resolved on its own.

Of note: Today his BP is elevated. He states his PCP started him on blood pressure medication 2 months ago but he has not picked up the prescription due to not wanting to start medication. He does follow up with his PCP in July. He denies SOB, CP, dizziness or blurred vision. He does not have a BP machine at home.

VITALS: BP: 151/106 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75 **BP2:** 146/105 **Site2:** LEFT ARM **Position2:** LAYING; **Temp:** 97; **Resp:** 16; **Ht:** 68 in.; **Wt:** 219.2 lbs.; **BMI:** 33.32; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Appendectomy

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. SEVERAL SMALL PUS FILLED BLISTERS WITH SURROUNDING ERYTHEMA AND SWELLING NOTED TO RIGHT INNER RING FINGER.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Culture, Herpes Viral (1 unit(s)): Quest Diagnostics

Culture, Wound (1 unit(s)): Quest Diagnostics

ASSESSMENT:

B00.89 - OTHER HERPESVIRAL INFECTION (PRIMARY)

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R21 - RASH AND OTHER NONSPECIFIC SKIN ERUPTION

PLAN:

Pending cultures. Appears to be herpetic whitlow. Will treat with Valacyclovir. Patient was offered clonidine in office for elevated BP, patient declined. Strict ER precautions given. Patient encouraged to pick up his blood pressure medication and start taking as directed and to buy a blood pressure machine to keep up with his blood pressures at home. Patient states he will go and pick up his BP medication and start taking. Discussed exercising, low sodium diet and healthy eating habits as well.

mupirocin 2 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY.

valacyclovir 1 gram tablet

Refills: 0 Qty: 10 TABLET(S)

Instructions: TAKE ONE TABLET BY MOUTH EVERY 12 HOURS FOR 5 DAYS.

Electronically signed by Robin Blackwell, CRNP on 06/02/23 10:59 AM

Robin Blackwell CNP