

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/21/25

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus drainage, congestion, fever

HISTORY OF PRESENT ILLNESS: Ms. Rayborn is a 50 yo female here today for bloody sinus drainage, congestion, fever of 100.1 yesterday, sore throat, and headache since Sunday.

VITALS: BP: 137/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 97.5; **Resp:** 17; **Ht:** 70 in.; **Wt:** 252 lbs.;
BMI: 36.15; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)
Zyrtec 10 mg tablet

PAST MEDICAL HISTORY: Allergies, Eczema, POTS, Kidney stones

PAST SURGICAL HISTORY: Wisdom teeth removal, Nephrostomy 1997 2nd to kidney stones, Hysterectomy 2023

SOCIAL HISTORY: Married. Works at AUM. Denies smoking or illicit drug use. Admits to occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab

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COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

Comment: Flu A and B negative.

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)

R50.9 - FEVER, UNSPECIFIED

R51.9 - HEADACHE, UNSPECIFIED

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Rx as per below. Tylenol or ibuprofen as needed for pain/fever. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Excuse

Electronically signed by Lindsey Barton, CRNP on 02/21/25 3:05 PM

L. Barton, DNP, CRNP