

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/09/23

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 48 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Rash

HISTORY OF PRESENT ILLNESS: Ms. Rayborn presents to the clinic with complaints of rash on her left and right hand and middle upper back x 9 days. She describes the rash as itchy. She states she had this similar rash appear in December and used hydrocortisone and it went away.

VITALS: BP: 121/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 95; **Temp:** 99.5; **Resp:** 16; **Ht:** 70 in.; **Wt:** 253.2 lbs.;
BMI: 36.33; **Pulse Oximetry:** 99%; **FDLMP:** 05/27/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Zyrtec 10 mg tablet

PAST MEDICAL HISTORY: Allergies

PAST SURGICAL HISTORY: Wisdom teeth removal

SOCIAL HISTORY: Denies smoking or illicit drug use. Admits to occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Reddened, scaly rash and slightly raised just below her thumb on both hands dorsal side. Reddened, scaly rash and slightly raised on the upper middle part of back with excoriated areas.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L30.9 - Dermatitis, unspecified (PRIMARY)

PLAN:

Follow up as needed.

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mupirocin 2 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY.

triamcinolone acetonide 0.1 % topical cream

Refills: 1 Qty: 80 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Electronically signed by Robin Blackwell, CRNP on 06/09/23 3:40 PM

Robin Blackwell CNP