

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/10/25

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: headache, fever of 101, congestion, sore throat, body aches, and chills since yesterday

Symptoms: pus pockets when brushing teeth on tonsils at home

Duration: 1 day

ModFact: OTC advil

VITALS: BP: 130/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 98.7; **Resp:** 18; **Ht:** 70 in.; **Wt:** 248.1 lbs.;
BMI: 35.59; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Allergies, Eczema, POTS, Kidney stones

PAST SURGICAL HISTORY: Wisdom teeth removal, Nephrostomy 1997 2nd to kidney stones, Hysterectomy 2023

SOCIAL HISTORY: Married. Works at AUM. Denies smoking or illicit drug use. Admits to occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema with exudates, tonsils enlargement. +cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

STREP A (1 unit(s)): In-House Lab

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ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED
J03.90 - Acute tonsillitis, unspecified

PLAN:

Pt strep, flu, covid negative. Pt appears to have tonsillitis based on exam, strong history of strep throat with hx of Scarlet fever. Antibiotic to pharm. Education provided. Pt used Augmentin multiple times prior, will change antibiotic to prevent resistance.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Maranda Fain, CRNP on 07/10/25 11:19 AM

Handwritten signature of Maranda Fain, CRNP in cursive script.