

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/14/23

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: COVID exposure

HISTORY OF PRESENT ILLNESS: Her husband has COVID. She started having symptoms 2 days ago of fever, cough, SOB with exertion, sore throat. She has been taking tylenol and ibuprofen for the fever.

VITALS: BP: 136/89 **Pulse:** 114; **Temp:** 98.5; **Resp:** 20; **Ht:** 70 in.; **Wt:** 252.5 lbs.; **BMI:** 36.22; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray, suspension

Zyrtec 10 mg tablet

mupirocin 2 % topical ointment (APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY.)

triamcinolone acetonide 0.1 % topical cream (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY)

PAST MEDICAL HISTORY: Allergies, Eczema

PAST SURGICAL HISTORY: Wisdom teeth removal

SOCIAL HISTORY: Married. Works at AUM. Denies smoking or illicit drug use. Admits to occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; + Tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Positive

Abbott COVID Rapid Test:
Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
J02.0 - STREPTOCOCCAL PHARYNGITIS

PLAN:

She is not high risk for developing severe covid. Her only risk factor is obesity. We discussed risks and benefits of paxlovid. She does not want a prescription for it at this time.

Excuse

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 240 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

ibuprofen 800 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD as needed for pain/fever

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Diflucan 150 mg tablet
Refills: 0 Qty: 2 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; may repeat dose in 72 hrs if needed

Electronically signed by Lindsey Barton, CRNP on 07/14/23 4:56 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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