

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/31/25

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nausea and vomiting since 6pm last night.

Symptoms: N/V, denies diarrhea and fever, indigestion, upper abdominal pain

Location: upper, mid abd pain

Quality: ache, cramp pain

Severity: 6/10

Duration: since last night, pain is off and on, no vomiting since early this morning

ModFact: tried Pepto Bismal with no relief

VITALS: BP: 125/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 96.9; **Resp:** 17; **Ht:** 70 in.; **Wt:** 247.7 lbs.;
BMI: 35.54; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Allergies, Eczema, POTS, Kidney stones

PAST SURGICAL HISTORY: Wisdom teeth removal, Nephrostomy 1997 2nd to kidney stones, Hysterectomy 2023

SOCIAL HISTORY: Married. Works at AUM. Denies smoking or illicit drug use. Admits to occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/31/25

PATIENT: RAYBORN, MEREDITH **DOB:** 06/27/1974 **Gender:** FEMALE **MRN:** 5286 **AGE:** 51 Years

ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED (PRIMARY)
A08.4 - Viral intestinal infection, unspecified

PLAN:

Advised Zofran as needed, Pepcid 30-60 min after Zofran to assist with GERD s/s. FODMAP diet, education provided on diet and hydration. Tylenol as needed for fevers. ER precautions given. Pt agrees to plan.

ondansetron 4 mg disintegrating tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: PLACE 2 TABLETS (8 MG) ON TOP OF THE TONGUE WHERE THEY WILL DISSOLVE, THEN SWALLOW BY TRANSLINGUAL ROUTE 2 TIMES PER DAY as needed for nausea and vomiting

Electronically signed by Maranda Fain, CRNP on 07/31/25 10:47 AM

