

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/28/23

PATIENT: HINES, KATHERINE **DOB:** 12/21/2002 **Gender:** FEMALE **MRN:** 5289 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Here today for monthly weight loss visit. She had initially lost 3 lbs; however, she is up 2 lbs today for a 1 lb weight loss total since she started her visits. She states that she is eating a 2k cal diet. She does not keep track of the foods she eats. She states she reads the labels and keeps track of the calories in her head throughout the day. She states she is walking 1 hr 3 days per week for exercise.

VITALS: BP: 133/87 **Pulse:** 94; **Temp:** 97; **Resp:** 16; **Ht:** 68.5 in.; **Wt:** 333.9 lbs.; **BMI:** 50.03; **Pulse Oximetry:** 97%;
FDLMP: 08/17/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Dayvigo 5 mg tablet
Prozac 10 mg capsule
liothyronine 5 mcg tablet

PAST MEDICAL HISTORY: Hypothyroidism, depression/anxiety, insomnia

PAST SURGICAL HISTORY: ligament replacement to right knee

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

Z68.43 - Body mass index [BMI] 50.0-59.9, adult (PRIMARY)

PLAN:

Follow up in 1 month for recheck.

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Electronically signed by Lindsey Barton, CRNP on 08/30/23 4:56 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive style with a large initial "J" and a clear "Barton, CRNP" following it.