

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/31/23

PATIENT: HINES, KATHERINE **DOB:** 12/21/2002 **Gender:** FEMALE **MRN:** 5289 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Weight loss follow up month #5 of 6

HISTORY OF PRESENT ILLNESS: Ms. Hines is a 20 yo female here today for her 5 month weight loss visit. She is up 9 lbs this month. She is babysitting two small children and she states she is eating their left overs. She has not been exercising this month. She states she quit walking. She also states she has increased her caloric intake to about 2500 instead of 2000.

VITALS: BP: 144/97 **Pulse:** 100; **Temp:** 96.3; **Resp:** 18; **Ht:** 68.5 in.; **Wt:** 343 lbs.; **BMI:** 51.39; **Pulse Oximetry:** 97%; **FDLMP:** 10/18/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Dayvigo 5 mg tablet
Prozac 10 mg capsule
liothyronine 5 mcg tablet

PAST MEDICAL HISTORY: Hypothyroidism, depression/anxiety, insomnia

PAST SURGICAL HISTORY: ligament replacement to right knee

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

E66.01 - Morbid (severe) obesity due to excess calories (PRIMARY)

PLAN:

Follow up in 1 month for weight loss recheck. Continue to work on diet. Recommend she go back to 2000kcal per

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day and restart her exercise program.

Electronically signed by Lindsey Barton, CRNP on 10/31/23 4:19 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive at the end.