

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/10/23

PATIENT: DOBSON, HOLLY **DOB:** 09/06/1983 **Gender:** FEMALE **MRN:** 5304 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Chest pain

HISTORY OF PRESENT ILLNESS: Mrs. Dobson is a 39 yo female here today for left sided intermittent chest pain for the past 3 days. Pain radiates to her left shoulder blade. She currently has no pain at this time. When it does occur it is described as sharp and stinging. When it comes it usually lasts about 5 min at a time. It happens several times a day. Denies n/v/sweating/sob/dizziness associated with the symptoms. She is not sure if pain is worse with deep inspiration or cough.

She has a history of MVP. She was suppose to have a stress test and holter monitor a few years ago, but she never got them scheduled. She has a history of pitting edema and near syncope back then as well. She states she cut out gluten and lost 25 lbs of fluid within 3 weeks. She has lost a total of 35 lbs since cutting it out. She mentions she did eat gluten on Monday and her chest pain started the next day. She is not sure if that is related or not.

VITALS: BP: 125/80 **Pulse:** 77; **Temp:** 98.4; **Resp:** 16; **Ht:** 64 in.; **Wt:** 136.7 lbs.; **BMI:** 23.46; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Gluten intolerance causing peripheral edema, joint pain, weight gain, and near syncope that all resolved when she cut out gluten in her diet. MVP, Cervical disc disease, migraines, arthritis.

PAST SURGICAL HISTORY: bilateral breast implants, ACDF.

SOCIAL HISTORY: Married with children. Is the supervisor in the Cafe at AUM.

FAMILY HISTORY:

HEALTH MX HISTORY: Does not have a PCP or cardiologist.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or

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organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
EKG (1 unit(s)): Office Procedure
MAGNESIUM (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R07.9 - Chest pain, unspecified (PRIMARY).

PLAN:

EKG- NSR at 71 bpm with short PRI at 108ms. No ischemic changes. No old EKG for comparison. Follow up with lab and x-ray results. Request records from BMCS. Do not think it's cardiac related based off EKG and HPI. ER precautions given for worsening symptoms. She verbalized understanding.

Referral: EMIC, East Montgomery Imaging Center (Radiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 08/10/23 4:01 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.