

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/14/23

PATIENT: BENSON, DONTAVIS **DOB:** 04/25/1988 **Gender:** MALE **MRN:** 5315 **AGE:** 35 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: dizziness while sitting in his truck this morning. Denies chest pain, but states he felt a short twinge in his chest for a brief moment.

HISTORY OF PRESENT ILLNESS: Mr. Benson is a 35 yo male here today for dizziness that started this morning while he was sitting in his truck. He states about the time it occurred he felt a twinge in his chest. He states it wasn't pain but he's not sure what it was. He also states he can't say if his heart was racing or skipping beats at the time. He denies n/v or sweating. When he was dizzy he states he had a numbness down his left arm. He states the symptoms are better but he is still a little dizzy. Denies ear pain or ringing in ears. Denies headache or blurred vision. He has no past medical history.

VITALS: BP: 134/88 **Position:** LAYING **Pulse:** 63 **BP2:** 123/86 **Position2:** SITTING **Pulse2:** 59 **BP3:** 124/92
Position3: STANDING **Pulse3:** 75; **Temp:** 97.8; **Resp:** 19; **Ht:** 72 in.; **Wt:** 242.6 lbs.; **BMI:** 32.9; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: AUM employee. Smokes black n milds. Drinks alcohol socially. Denies illicit drug use.

FAMILY HISTORY: Mom- alive, has HTN. Father- alive and healthy. G-father had either a heart attack or stroke at age 63 and is deceased. Aunt- diabetes.

HEALTH MX HISTORY:

No PCP.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No nystagmus. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or

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organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
EKG (1 unit(s)): Office Procedure
MAGNESIUM (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab
Orthostatic Vital Signs (1 unit(s)): Office Procedure

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Negative
pH: 7
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: no

ASSESSMENT:

R42 - DIZZINESS AND GIDDINESS (PRIMARY)
R00.2 - PALPITATIONS

PLAN:

EKG- Sinus brady at 56 bpm with no ischemic changes. Orthostatics and UA negative. Follow up with labs. ER precautions given for chest pain, palpitations, or if dizziness persists or gets worse. He verbalized understanding.

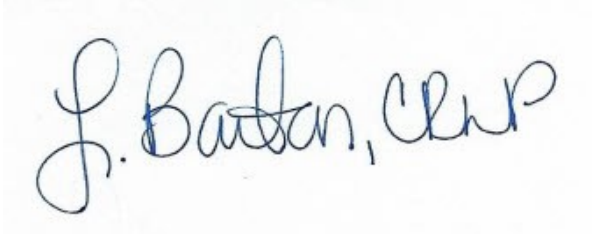
Electronically signed by Lindsey Barton, CRNP on 09/14/23 11:48 AM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".