

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/20/23

PATIENT: SIMMONDS, DAVID **DOB:** 11/10/1970 **Gender:** MALE **MRN:** 5320 **AGE:** 52 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: medication refill due to patient relocating to the area in March 2023 and having no PCP in the Montgomery area.

HISTORY OF PRESENT ILLNESS: Mr. Simmonds is a 52 yo male here today for medication refills. He has a history of anxiety, depression, bipolar and ADHD. He states he has been on his current meds for several years. He denies SI/HI. He had a psychiatrist via telehealth at one time, but when he moved here it was no longer covered by telehealth. He doesn't have a PCP or psychiatrist currently.

His BP is also elevated today. He checks it at home and states it runs about the same.

VITALS: BP: 148/100 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 98.4; **Resp:** 16; **Ht:** 63.7 in.; **Wt:** 215.6 lbs.; **BMI:** 37.35; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atomoxetine 80 mg capsule (TAKE 1 CAPSULE BY MOUTH ONCE DAILY UNTIL DIRECTED TO STOP)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE BY MOUTH ONCE DAILY)
fluoxetine 60 mg tablet (TAKE 1 TABLET BY MOUTH EVERY DAY UNTIL DIRECTED TO STOP.)
quetiapine 100 mg tablet

PAST MEDICAL HISTORY: Bipolar disorder, GAD, depression, ADHD. H/o prostate cancer.

PAST SURGICAL HISTORY: Prostatectomy in 2017.

SOCIAL HISTORY: Single. Works at AUM. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

F31.9 - Bipolar disorder, unspecified (PRIMARY)
F41.1 - Generalized anxiety disorder
F32.A - Depression, unspecified
F90.9 - Attention-deficit hyperactivity disorder, unspecified type
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension

PLAN:

Refilled meds. Gave him some recommendations on local psychiatrist in the area. Given BP log to check BP twice daily and record. Follow up for recheck in 1 week. Follow up as needed.

atomoxetine 80 mg capsule
Refills: 1 Qty: 90 CAPSULE(S)
Instructions: TAKE 1 CAPSULE BY MOUTH ONCE DAILY

fluoxetine 60 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET BY MOUTH EVERY DAY
atomoxetine 80 mg capsule
Refills: 0 Qty: 90 CAPSULE(S)
Instructions: TAKE 1 CAPSULE BY MOUTH ONCE DAILY

fluoxetine 20 mg capsule
Refills: 0 Qty: 90 CAPSULE(S)
Instructions: TAKE 1 CAPSULE BY MOUTH ONCE DAILY

quetiapine 100 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE once daily at bedtime

Electronically signed by Lindsey Barton, CRNP on 10/23/23 9:28 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.