

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/03/25

PATIENT: TYLER, AQUANETTA **DOB:** 06/25/1993 **Gender:** FEMALE **MRN:** 5330 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion, cough, headache, sore throat

HISTORY OF PRESENT ILLNESS: Ms. Tyler is a 31 yo female here today for nasal congestion, cough, headache, and sore throat since Friday. Denies fever.

VITALS: BP: 140/92 **Pulse:** 89; **Temp:** 97.9; **Resp:** 18; **Ht:** 65 in.; **Wt:** 242.7 lbs.; **BMI:** 40.38; **FDLMP:** 12/29/24

ALLERGIES: Penicillin (substance) ((Urticaria NOS) or (hives))

MEDICATIONS:

Syeda 3 mg-0.03 mg tablet
Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
folic acid 1 mg tablet (daily)
metformin 500 mg tablet (twice daily)

PAST MEDICAL HISTORY: PCOS, GAD, seasonal allergies.

PAST SURGICAL HISTORY: tonsillectomy

SOCIAL HISTORY: AUM Employee. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
URINE PREG TEST (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Positive
Comment: Flu A positive
Flu B negative

URINE PREG TEST :
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
N92.6 - IRREGULAR MENSTRUATION, UNSPECIFIED

PLAN:

She is outside the 48 hr window for tamiflu. Will treat symptoms with Rx as per below. Recommended otc flonase for nasal congestion. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 02/03/25 3:50 PM

L. Barton, DNP, CRNP