

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/29/24

PATIENT: TYLER, AQUANETTA **DOB:** 06/25/1993 **Gender:** FEMALE **MRN:** 5330 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, fullness in left ear, sneezing since last night

HISTORY OF PRESENT ILLNESS: Mrs. Tyler is a 30 yo female here today for sore throat, fullness in her left ear, and sneezing that started last night. She denies runny nose, congestion, cough, or fever.

VITALS: BP: 136/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97; **Resp:** 16; **Ht:** 65 in.; **Wt:** 217.5 lbs.;
BMI: 36.19; **Pulse Oximetry:** 97%; **FDLMP:** 02/08/24

ALLERGIES: Penicillin (substance) ((Urticaria NOS) or (hives))

MEDICATIONS:

Syeda 3 mg-0.03 mg tablet
metformin 500 mg tablet (twice daily)

PAST MEDICAL HISTORY: PCOS, GAD.

PAST SURGICAL HISTORY: tonsillectomy

SOCIAL HISTORY: AUM Employee. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- RT tympanic membrane is clear. Left TM with serous fluid and bulging. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/29/24

PATIENT: TYLER, AQUANETTA **DOB:** 06/25/1993 **Gender:** FEMALE **MRN:** 5330 **AGE:** 30 Years

STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J30.2 - OTHER SEASONAL ALLERGIC RHINITIS (PRIMARY)
H65.02 - ACUTE SEROUS OTITIS MEDIA, LEFT EAR
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Given steroid shot in office. Recommended otc antihistamines for symptomatic relief such as zyrtec or xyzal at night.
She verbalized understanding. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/29/24 10:56 AM

L Barton, CRNP