

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/10/24

PATIENT: TYLER, AQUANETTA **DOB:** 06/25/1993 **Gender:** FEMALE **MRN:** 5330 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bilateral ear fullness, cough, sneezing

HISTORY OF PRESENT ILLNESS: Ms. Tyler is a 30 yo female here today for bilateral ear fullness, coughing, sneezing, itchy throat, nasal congestion, and headache for the past 3 days. Denies fever. She has been taking otc zyrtec w/ little relief.

VITALS: BP: 129/80 **Pulse:** 76; **Temp:** 98.1; **Resp:** 16; **Ht:** 65 in.; **Wt:** 221.5 lbs.; **BMI:** 36.85; **Pulse Oximetry:** 98%;
FDLMP: 03/15/24

ALLERGIES: Penicillin (substance) ((Urticaria NOS) or (hives))

MEDICATIONS:

Syeda 3 mg-0.03 mg tablet
metformin 500 mg tablet (twice daily)

PAST MEDICAL HISTORY: PCOS, GAD.

PAST SURGICAL HISTORY: tonsillectomy

SOCIAL HISTORY: AUM Employee. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes small amount of clear fluid bilaterally. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: Influenza A + , B negative.

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
H65.03 - Acute serous otitis media, bilateral
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Recommended otc tylenol cold and sinus or similar for symptomatic treatment. She is outside the window for tamiflu.
Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 04/10/24 12:16 PM



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