

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/08/23

PATIENT: YEEND, BETHANY **DOB:** 12/30/1994 **Gender:** FEMALE **MRN:** 533 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nausea, Vomiting and Diarrhea

HISTORY OF PRESENT ILLNESS: Ms. Yeend presents to the clinic with complaints of diarrhea, vomiting, nausea and stomach cramps off/on x 1.5 weeks. She states she had one vomiting episode in the beginning and has been having diarrhea off and on since. She reports having diarrhea x 2 episodes today. She denies recent antibiotic use, fever or blood in her stool. She states there is no particular pattern when her abdominal cramping and diarrhea episodes occur. Her symptoms can occur before or after she eats. She does reports belching after she eats at times. She states she believes she is lactose intolerant, but has never been diagnosed. She notices when she eats dairy products she will have stomach cramps with diarrhea that lasts maybe a few hours then resolves on it own. This has been happening off/on since middle school per patient. She denies having any dairy products recently that may be a contributing factor to her symptoms. She has been eating a BRAT diet recently and increasing her fluids with water and Powerades.

VITALS: BP: 129/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 98.2; **Resp:** 16; **Ht:** 69 in.; **Wt:** 152.8 lbs.;
BMI: 22.56; **Pulse Oximetry:** 100%; **FDLMP:** 01/18/22

ALLERGIES: Penicillins

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies recreational drug, tobacco use. Occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Tenderness noted with light and deep palpation to LLQ and RLQ; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, STOOL (QUEST) (1 unit(s)): Quest Diagnostics

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Lactoferrin (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
AMYLASE (QUEST) (1 unit(s)): Quest Diagnostics
Stool O&P with permanent stain (quest) (1 unit(s)): Quest Diagnostics
C. Diff, stool (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
LIPASE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.000
Blood: Negative
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative
CS: No

ASSESSMENT:

R11.0 - NAUSEA (PRIMARY)
R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED
R19.7 - DIARRHEA, UNSPECIFIED
R10.9 - UNSPECIFIED ABDOMINAL PAIN
R11.10 - VOMITING, UNSPECIFIED
R14.2 - ERUCTATION

PLAN:

Pending CBC, CMP, Lipase, Amylase. Patient will bring back stool samples for lab send out. Patient is interested in a GI referral for further evaluation due to current symptoms and with experiencing similar symptoms off and on since middle school age. Continue BRAT diet and increasing water intake and electrolyte replacement.

omeprazole 20 mg capsule, delayed release

Refills: 3 Qty: 30 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY 30 MINUTES TO 1 HOUR BEFORE A MEAL

Imodium A-D 2 mg tablet

Refills: 0 Qty: 24 CAPLET(S)

Instructions: TAKE 2 TABLETS (4 MG) BY ORAL ROUTE AFTER 1ST LOOSE STOOL AND 1 TABLET (2 MG) AFTER EACH NEXT BOWEL MOVEMENT; DO NOT EXCEED 16 MG IN 24HRS

ondansetron HCl 4 mg tablet

Refills: 0 Qty: 15 TABLET(S)

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Instructions: TAKE 1 TABLET PO EVERY 8 HOURS AS NEEDED FOR NAUSEA/VOMITING

Referral: Capital City , Capital City Gastroenterology (Gastroenterology)

Electronically signed by Robin Blackwell, CRNP on 02/09/23 10:47 AM

Robin Blackwell CNP