

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/17/23

PATIENT: YEEND, BETHANY **DOB:** 12/30/1994 **Gender:** FEMALE **MRN:** 533 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Left ear blockage

HISTORY OF PRESENT ILLNESS: Ms. Yeend presents to the clinic with complaints of left ear that feel "blocked" and unable to "pop" since Thursday. She denies recent swimming. She does mention using a Q-tip last week and noticed some blood. She denies ear pain.

VITALS: BP: 125/68 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 98.2; **Resp:** 16; **Ht:** 68 in.; **Wt:** 155 lbs.;
BMI: 23.56; **Pulse Oximetry:** 98%; **FDLMP:** 04/02/23

ALLERGIES: Penicillins

MEDICATIONS:

omeprazole 20 mg capsule, delayed release (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY 30 MINUTES TO 1 HOUR BEFORE A MEAL)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies recreational drug, tobacco use. Occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- Right tympanic membrane clear, Left TM is bulging with erythematous and dried blood in the center of eardrum. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H66.92 - OTITIS MEDIA, UNSPECIFIED, LEFT EAR (PRIMARY)

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PLAN:

Take RX as directed. Do not submerge ears under water. Do not use q-tips in ears. Follow up in 1/2 to 2 weeks for left ear re-check.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Robin Blackwell, CRNP on 04/17/23 4:28 PM

Robin Blackwell CNP