

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/28/22

PATIENT: YEEND, BETHANY **DOB:** 12/30/1994 **Gender:** FEMALE **MRN:** 533 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion

HISTORY OF PRESENT ILLNESS: Pt comes in with c/o feeling feverish. She noticed congestion starting Friday. She feels sinus pressure and pain. She denies N/V/D. Denies loss of taste or smell. Denies sore throat. Reports having COVID and Flu vaccinations.

VITALS: BP: 116/80 **Pulse:** 117; **Temp:** 100.9; **Resp:** 16; **Ht:** 69 in.; **Wt:** 157.5 lbs.; **BMI:** 23.25; **Pulse Oximetry:** 98%; **FDLMP:** 04/26/22

ALLERGIES: Penicillins

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies recreational drug, tobacco use. Occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membrane-left side bubbles with redness, right side clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness. Throat- erythema without exudates. + cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

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INFLUENZA:

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ASSESSMENT:

R09.81 - NASAL CONGESTION (PRIMARY)

R50.9 - FEVER, UNSPECIFIED

H65.90 - USP NONSUPPURATIVE OTITIS MEDIA USP EAR

J01.00 - Acute maxillary sinusitis, unspecified

PLAN:

Negative for flu and COVID. RX to pharmacy. Return if not better in one week.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Maranda Fain, CRNP on 04/28/22 2:24 PM

M. Fain, CRNP